

Kelab Taman Perdana Di Raja

ROYAL LAKE CLUB, KUALA LUMPUR

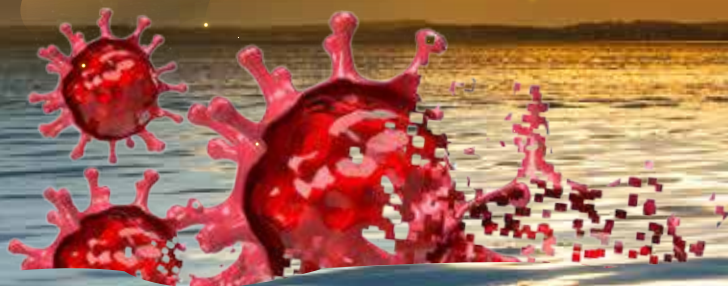
FOUNDED 1890

MAY/JUNE 2020

*Happy Vesak Day
@ home*



*Selamat Menyambut
Aidil Fitri Di rumah*



COVID-19
MCO Updates 6-15
Renovation 19-21

ARTICLES
COVID-19 in NY 16
What is Wine? 28

EVENT
Cuban Salsa Night 25
(with video link)



ROYAL PATRONS

DYMM Tuanku Syed Sirajuddin Ibni Al-Marhum
Tuanku Syed Putra Jamallulail, Raja Perlis

DYMM Al-Wathiqu Billah Tuanku Mizan Zainal
Abidin Ibni AL-Marhum Sultan Mahmud Al-Mukhtaf
Billah Shah, Sultan Terengganu

DYMM Sultan Sharafuddin Idris Shah Ibni
Al-Marhum Sultan Salahuddin Abdul Aziz
Shah Alhaj, Sultan Selangor Darul Ehsan

DYMM Tuanku Muhriz Ibni Al-Marhum Tuanku
Munawir, Yang di-Pertuan Besar Negeri
Sembilan

DYMM Paduka Sri Sultan Perak Darul Ridzuan
Sultan Nazrin Muizzuddin Shah Ibni
Almarhum Sultan Azlan Shah Muhibbuddin
Shah Al-Maghfur-la

PATRONS

Tun Dr Mahathir bin Mohamad
Tun Abdullah Haji Ahmad Badawi
Dato' Sri Mohd Najib Tun Abdul Razak

GENERAL COMMITTEE

PRESIDENT

Manjeet Singh Dhillon

VICE PRESIDENT

Foong Khee Seng, Bernard

GC MEMBERS

Balan L Dass, Dr
Gasper Gnanamuthu
Jamal Mohd Aris, Dato
Lee Heng Cho, Ivan
Maharedza Mahadzir
Sofia Johari, Ir
Tan Chin Poh, Elizabeth
Udharam Mohandas

CLUB SECRETARY

Nurzuraida S Abdullah

AUDIT COMMITTEE

L T Kulasingham - Chairman
Syed Mustaffa Syed Ali, Dato
Leng Joon Huat
audit@royallakeclub.org.my

LIBRARY & PUBLICATIONS COMMITTEE

Tan Chin Poh, Elizabeth - Chairman
Jeyaratnam Velupillai
Lian Godfrey
Lizuryaty Azrina
Wong Shou Sien
Woo Tai Kwan, Janet, Dr



MANAGEMENT

GENERAL MANAGER

Datuk Shamsul Kamar Ahmad
gm@royallakeclub.org.my
Ext 8501

MEMBERSHIP

Nurzuraida S Abdullah
membership@royallakeclub.org.my
Ext 8506

FINANCE

Saravanan M. Selvaratnam
financemanager@royallakeclub.org.my
Ext 8508

FOOD & BEVERAGE

Zulkifly Rashid
fnb@royallakeclub.org.my
Ext 8503

SPORTS AND RECREATION

Halim Mohd Said
halim@royallakeclub.org.my
Ext 8530

EVENTS & COMMUNICATIONS

Rozita Teh
events@royallakeclub.org.my
newsletter@royallakeclub.org.my
Ext 2110

HUMAN RESOURCE & ADMIN

Sivaneswary Saminathan
sivaneswary@royallakeclub.org.my
Ext 8515

FACILITIES & MAINTENANCE

(Vacant)
Ext 8521

PURCHASING

Thanes R. Sitalan
thanes@royallakeclub.org.my
Ext 8588

INFORMATION TECHNOLOGY

Sabri Mohd Hashim
sabri@royallakeclub.org.my
Ext 8715

SECURITY

Mohd Rosle Md Nor
security@royallakeclub.org.my
Ext 8714

PRESIDENT'S MESSAGE

From me to you - We Are All In This Together...Man, Woman & Child

This issue is devoted to the world as we know it or what has become of it.

Where there is disease, there is sorrow. Humour, at times immensely black, is a means to cope with the despair around us. Club members have to appreciate that they are not special creatures covered in gold dust. They are just lucky to be in the right spot at the right time with the right resources to become members. There are millions out there who are not so lucky, suffering now even more than we are, looking at a world bleaker than they should ever have to. So, it was black humour when a Club badminton player called me in the middle of the MCO lockdown and asked for the indoor badminton courts to be opened because he hadn't held a racket for several weeks and was concerned his stroke play would be affected. I coped with that just as I have coped with my despair that Club members at times need three towels when they can make do with one – one for the game, one for the sauna and one for the shower!

The great lockdown and conversely the great unlock down does not justify the delay of this issue. The MCO explains it. The 'new normal', in a changing world, isn't necessarily a new buzzword in my lexicon though many pundits would have you believe otherwise. Truth be told, 'The New Normal' was once the title of a sitcom that aired in the U.S.A. in 2012. It followed a same-sex couple who living in Los Angeles decided to have a child through a surrogate mother and from that the story developed. Not exactly a 'new normal'.

For us the last two odd months has been more of an exercise in harking back to the future. The future with advancing years, a deteriorating world because of climate control issues, rising costs, declining incomes, pollution, indifference, political infighting, a rapidly moving shift to national and international 'insularism', rising xenophobia wasn't there in the past. The lockdown has for me been an enforced retirement, a taste of what is to come. I suffered 'tropics' snow blindness from the glare of brilliant white pages in diaries that had been wiped clean.

Few of us are going to get a chance to walk through the Covid-19 ward of any hospital. I only wish we never have to. Reading the stories of the front-liners is harrowing and resembles tales of war hospitals and terrifying sights. Only those there will hear the deafening silence echoing in the sterile corridors or see the fear, grief and pleas lurking in the eyes of stricken patients who do not wish to become a number in some distant statistic. Elsewhere in this issue we have reproduced extracts from two pieces that picture the anguish, commitment, maturity and humility of those who work in this unforgiving environment. Their words tell it best. The gauntlet of extended hours, uncomfortable hazmat suits, dripping sweat, the risk of dehydration and the toll on their families. The lapsed badminton strokes pale in comparison to an aching world!

We acknowledge that true heroism is ordinary people doing extraordinary things. No one exemplifies this as much as the world's front-liners. This issue, and our fortitude and endeavours to keep the world thriving is our tribute to them all.

Your Club Staff, the GC and I wish all Club members well. The Club needs your support. The restaurants are open as are the tennis and squash courts with all subject to the SoPs sent out to members periodically and reprinted in this issue.

We look forward to seeing you in the Club – socially distanced, naturally.

Manjeet Singh Dhillon

10 May 2020

President

Why the Iguanas here?



A highlight of the lockdown for me was an early morning sighting of a languorous meander, almost state-like, of a family of iguanas migrating out of the undergrowth close to Parliament House. Iguanas were abandoning Parliament! Was it a singular, symbolic event? It made my day, though, a week or so into the first lockdown. On the slip road from Lebuhraya Sultan Iskandar an adult iguana, followed by a convoy of several others, stepped out on the road from the Parliament undergrowth hoping to cross the road towards the sanctuary of the Tugu. It had been quite a while since I had last seen a live iguana – they used to be all over the place. But not anymore.

I stopped my car. I had to. The lead iguana paused and then switching to a threatened darkened brown from the previous green, turned and imperiously headed back towards Parliament. The cohort followed it. A thought crossed my mind at that moment. May have been an epiphany! Had it decided that the time was not right to leave those august surroundings? That the grounds of Parliament were still safe?

There is a twist to this story, unfortunately. Was there a falling out when they all traced their steps to the Iguanarium? That an exodus was not called for, just yet. That twist came the next morning. At the same place, the same spot, the mangled carcass of an adult iguana, dutifully run over. The normal normal? The crows were there in a macabre replaying of a Malaysianised version of the Dhakmas, the Parsi Towers of Silence. I can but hope for the rest of that family and that they are safe away from Parliament. Perhaps close to the National Monument savouring the sight of those Statues of the silent few who gave of themselves for the many.



05
20

NOTICE

**Club is open with limited facilities.
Use it please.
Help us to help you. Follow the SOPs.
Stay vigilant.**

CLASSES

MARTIAL ARTS

AIKIDO

Sundays : 4:30pm - 5:30pm
Children <12 : RM100, Adult: RM150
012-213 1829

QI GONG

Wednesdays : 7:00pm - 8:30pm
Poolside Gazebo
RM70 per month (Once a week)
012-398 9443, 017-575 2952

TAI CHI

Mondays & Wednesdays : 5:45pm - 8:45pm
Multipurpose Hall,
Thursday : 7:45pm - 9:15pm
Aerobic Room
RM80 per month
016-278 8232

TAE KWON DO

Wednesdays : 7:30pm - 8:30pm
Blue to Black Belt
Recreational Hall
Various times (Belt specific),
Saturdays : 2:30pm - 4:30pm
Sundays : 9:00am - 1:00pm
Multipurpose Hall
RM55 to RM95
017-873 7778

NEW SUN WUSHU

Tuesdays : 6:45am - 8:30am
Fridays : 6:45am - 8:30am
Multipurpose Hall
RM80 (4 sessions per month)
or RM160 (8 Sessions per month)
013-362 4348

CHESS

CHESS BY MOK TZE MENG

Sundays :
Advanced Class : 2:30pm - 4:00pm
Beginners Class : 3:00pm - 4:00pm
RM120 Advanced, RM100 Beginners,
Multipurpose Room
016-223 3536

FITNESS & GYM

STRETCHING & BODY WEIGHT EXERCISE

Mondays & Fridays: 7:30am,
Tuesdays & Saturdays: 8:00am,
Thursdays: 7:00am / 9:30am
Aerobics Room
RM60 per month (Once a week)
RM100 per month (Twice a week)
016-668 7049

BOLLYWOOD FITNESS

By Sonia Shah
Sundays: 3:30pm - 4:30pm
Recreation Hall
RM60 per month (Once a week)
012-430 0085

PILATES

Tuesdays: 6:30pm - 7:30pm
Wednesdays: 10:00am - 11:00am
Friday: 10:00am - 11:00am
Aerobics Room
RM430 (for 3 months)
017-878 8559

ZUMBA

Wednesdays & Fridays : 6:30pm - 7:30pm
Aerobics Room
RM70 per month (Once a week)
017-3656685

AEROBIC

Mondays : 6:30pm - 7:30pm
Aerobics Room
RM70 per month (Once a week)
017-3656685

BELLYDANCE

Saturdays : 11:30am -12:30pm
Aerobics Room
RM70 per month (Once a week)
017-3656685

YOGA

By Divine Life Society
Tuesdays : 6:15pm - 7:15pm
Saturday : 8:45am - 10:00am
Recreational Hall
RM140 for 3 months payable in advance
012-2787409, 012-202 3592

By Aman Merican

Tuesdays : 10:30am - 11:30am
Fridays : 11:00am - 12:00pm
Recreational Hall
RM60 per month (Once a week)
RM120 per month (Twice a week)
RM180 per month (Thrice a week)
011-1140 3436

By Lau Wai Fong

Wednesday : 7:30am - 8:30am
RM60 per month (Once a week)
Aerobic Room
016-656 8905

DANCESPORT/BALLROOM CLASSES/ BOLLYWOOD DANCE FITNESS

Eric Tan (012-3212083)
Tuesdays : 7:30pm - 10:30pm
Wednesdays : 8:30pm - 9:30pm
Aerobics Room
RM65 per month (Once a week)

Desmond Chong Hoon Chu (019-331 1531)

Mondays : 7:30pm - 10:30pm
Aerobics Room
RM65 per month (Once a week)

Luisa Lau (019-2204678)

Mondays : 10:00am-11:00am,
7:30pm-10:00pm, Aerobics Room
RM65 per month (Once a week)

William Lor (7:30pm-8:30pm)

Luisa Lau (8:30am-9:30pm, 9:30pm-10:30pm)
Tuesdays, Recreation Hall
RM65 per month (Once a week)

Luisa Lau (019-2204678)

Thursday :
6:30pm-7:30pm (Line Dancing)
7:30pm-8:30pm (Latin/Ballroom)
8:30pm-9:30pm (Beginner)
Recreation Hall
RM65 per month (Once a week)

ART

CHINESE BRUSH PAINTING

Thursdays: 10:00am - 4:00pm
Fridays: 10:00am - 4:00pm
Recreation Hall
RM145 per month
Tel : 03-7781 0699 / 017-881 4344

CHINESE CALLIGRAPHY

Thursdays: 10:00am - 5:30pm
Recreation Hall
RM130 per month
03-4022 2860 / 012-979 2005

COMPETITIVE SPORTS

BADMINTON

Mr.Lee Guan Ching (016-226 9877)
Mondays: 10:00am - 1:00pm
Wednesdays: 1:00pm - 3:00pm
Thursdays: 9:00am - 11:00am
Fridays: 1:00pm - 3:00pm

Yap Yee Hup (019-275 8479)

Mondays to Fridays: 7:00am - 4:00pm

Cheng Sai Kit

Fridays: 4:00pm - 11:00pm
Saturdays: 7:00am - 1:00pm
Saturdays: 6:00pm - 11:00pm
Sundays: 7:00am - 9:00am
016-421 5639

TENNIS

Clement Chan (013-330 5812)
Saturdays & Sundays,
7:00am - 7:00pm

SQUASH

Mary Lee (012-386 7378)
Adult Class: Per session- 60 minutes
One to one - RM90 per session
Group of 2 - RM100 per session
Group of 3 - RM150 per session

Children Class: Per session- 45 minutes
One to one - RM68 per session
Group of 2-4 - RM75 per session

Group Monthly Basis:
Under 10 - RM100 per session
Above 10 - RM130 per session

COMPETITIVE SWIMMING

Instructor: Ong Lye Hing
Thursday, Fridays & Sundays :
7:00pm - 9:00pm.
RM150 per month
Main Pool

SWIMMING

Gan Kok Yee (012-200 8934)
Mondays to Fridays: 3:00pm - 7:00pm
Saturdays: 8:00am - 12:00 noon
& 2:00pm - 6:00pm
Sundays: 8:30am - 11:30am
RM65 to RM120 per month

Rajaandran (012-399 0702)

Mondays, Fridays: 3:00pm - 7:00pm
Saturdays, 8:00am - 12:00noon &
2:00pm - 6:00pm
Sundays: 8:30am - 11:30am
RM65 to RM120 per month

Ong Lye Hin (016-212 1947)

Mondays to Fridays: 4:00pm - 7:00pm
Saturdays: 8:00am - 12 noon
Sundays: 2:00pm - 6:00pm & 8:00am - 12noon
RM65 to RM120 per month

TABLE TENNIS

Mr. Loong Keng Seng (012 - 393 7316)
Saturdays: 5:00pm - 6:00pm
6:00pm - 7:00pm
Table Tennis Hall RM45 per month,

Table Tennis Practice Sessions
Every Saturday: 2:30pm - 7:30pm
Recreation Hall

CONTENTS

President's Message	2
Classes	4
COVID-19	
MCO Update 1	6
MCO Update 2	7
MCO Update 3	8
MCO Update 4	10
MCO Update 5	12
MCO Update 6	15
Article - A New York Story/Malaysian Story	16
Renovation - Opportunity in a Crisis	20
CLUB MEMBERSHIP	
Membership Introduction	22
Membership Special Introduction	23
Membership Induction	24
EVENTS	
Cuban Salsa Night	25
Piano at the RLC Lobby Lounge	26
FOOD & BEVERAGE	
What is Wine?	28
SPORTS	
Qi-Gong - Commendation Certificate Presentation Ceremony	29
Badminton - Friendly Match vs Kelab Shah ALam	30
Squash - Conditioning Handicap Tournament	30
Golf - President's Team vs Chairman's Team cum Medal Competition	31
Hash - Hashing Through the MCO	32

REGULARS

New Reads at the Library	32
Cryptic Crossword Puzzle	33
Sudoku Challenge	34
Tributes	35

ANNOUNCEMENT

CONVERSION OF LADY MEMBER TO VOTING MEMBER UPON MARRIAGE.

A Lady Member, upon marriage or having a child by adoption or otherwise, is required to apply to convert her Lady Membership to Voting Membership in compliance with Rule 10.7.5 of the Club's Constitution. Failure to do so would render her membership void by operation of the said Rule.

To convert your Lady Membership, please submit your application together with a cheque of RM6,030 being the differential in entrance fee and refundable deposit and the imposed 6% SST.

Please contact the Membership Department at membership@royallakeclub.org.my for more information, if needed.

DID YOU MISS THE BOAT?

It used to be 25, now it's 35. Children of Members may now apply for Voting Membership if:

- Aged 18, up to their 35th birthday.
- Entrance fees, at a preferred rate of RM7,500 will be imposed.

Application forms are available at the Reception Counter.



Are you interested to write articles for the newsletter? E-mail your name, handphone number, club number and area of interest to newsletter@royallakeclub.org.my.

The views and opinions expressed or implied herein are those of the authors and contributors and do not necessarily reflect the views of the Club or the Publications Committee. No article in part or whole may be reproduced without prior written permission.

PUBLISHED & DESIGNED

KELAB TAMAN PERDANA DIRAJA KUALA LUMPUR Jalan Cenderamulia Off Jalan Parlimen, 50480 Kuala Lumpur, Malaysia
Tel: 03-26987878 | Fax: 03-26989889 | Website: www.royallakeclub.org.my | Email: newsletter@royallakeclub.org.my

KDN PP8528/06/2013(032439)

PRINTING

Percetakan Sri Raya Sdn Bhd (109602-U) No. 82 & 83, Jalan KIP 9, Taman Perindustrian KIP Kepong, 52200 Kuala Lumpur.
Tel: 03-62770573, 62770823 | Fax: 03-62772863

23 March 2020

MCO UPDATE 1

Dear Members,

AN UPDATE ON OUR 130 YEAR OLD GRANDE DAME (please treat that as a non-binary term of endearment)

We are a week into the Restricted Movement Order and the closure of our Club - a difficult period being away from our home-away-from-home for many of us. I am looking forward to its re-opening and a resurgence of love and warmth for it, in keeping with the old aphorism 'distance makes the heart grow fonder'.

Your GC at an urgent meeting on 17 March 2020 made the following decisions:

- 1) To close the Club to Members and Guests from 18 – 31 March 2020
- 2) Assign one of its executives/managers to be on standby duty at the Guardhouse to explain the decision of the GC to close the Club to members who may be unaware of the closure.
- 3) The GC to make themselves available on 18 March 2020 to explain to members the rationale behind the decision of the GC.
- 4) The Club to re-open on 1 April 2020 subject to further directives, if any, from the GOM.
- 5) Entry to the Club shall be limited to authorised members and staff. The Security personnel shall continue with the temperature screening at the Guard House.
- 6) All activities, entertainment events and members' functions to be called off. All meetings of sub-committees shall be cancelled and/or rescheduled. Management shall be instructed to notify members accordingly.
- 7) All outlets and concessionaires to be closed with the exception of the Staff Canteen. However, the Caterers and Concessionaires would be advised to carry out spring-cleaning of their respective outlets.
- 8) The bands shall cease performing from 18 – 31 March 2020 and no payments shall be made to them.
- 9) In respect of staffing that:
 - (a) Staff shall continue to work as usual. Staff shall work in a single shift and to be assigned duties by the HODs.
 - (b) The staff salaries and benefits would remain unchanged.
 - (c) There shall be no compulsion imposed upon staff to take annual leave during this period. However, the management was advised to discuss the matter with the Staff and where possible to approve their leave application if the situation warranted it.
 - (d) All temporary and part time staff shall be stopped.
 - (e) Adequate staffing to be provided by the cleaning contractors to undertake deep cleansing by sections/ areas.
 - (f) Areas of refurbishment, repairs and works within the Club to be done using wherever possible independent contractors.
- 10) The GC would comply with the restriction by the Registrar of Societies from holding conferences, gatherings and general meetings, including town hall meetings till 30 June 2020.

In respect of 9 (a) above, the staff have since been released and only the essential security and maintenance staff are in the Club.

This decision is going to have long term ramifications for all of us and our Club. More on these later in so far the Club is concerned but in keeping with the spirit of the nation and togetherness, albeit 'social distancing', we shall overcome them all.

Thank you.

Yours sincerely,

MANJEET SINGH DHILLON
President

30 March 2020

MCO UPDATE 2

Dear Members,
UPDATE NO 2

ON THE MCO AND OUR 130 YEAR OLD GRANDE DAME

These are difficult times for us all but as in everything there are always silver linings to dark clouds. For me, sitting in isolation both in the Club and my house, the words of Charles Dickens came to mind-

"It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair."

I marvel at the foolishness and despair at the incredulity. I sense and see the darkness. I know full well that the winter will pass and that spring will be here and that the season of light will come and yet, fearing for those close and dear, I yearn for the return of the rhythms and patterns of life.

Now to the prosaic – the update.

Your GC met at an emergency session on 26 March 2020. We carefully observed all health and safety regulations and the directives of the MOH and WHO and rigidly followed the screening and distancing guidelines. The following decisions were made:

CLUB CLOSURE

- a. In view of the extension of the MCO, **the Club will remain closed to members and guests till 6:00 a.m. 16 April 2020**, notwithstanding that the MCO is presently only till 14 April 2020.
- b. **All staff and concessionaires will return to work on 15 April 2020**, to get the Club ready to be fully operational from 16 April 2020.
- c. In the event any further extension is ordered, this one (1) day delay in opening the Club will be followed to that extension.
- d. The present **temperature screening protocol at the entrance gates will be continued** after the Club opening till further notice or till any alternative directives from the MOH being issued.
- e. **Entry to the Club till midnight 15 April 2020 will be limited to authorised persons and staff.** The Security personnel shall continue with the temperature screening at the Guard House.
- f. **All activities, entertainment events and members' functions scheduled till 30 April 2020 are deferred** to dates to be fixed. All meetings of sub-committees shall be cancelled and/or rescheduled. Management shall be instructed to notify members accordingly.

ACCOUNTS

Any and all actions on Stop Credit/Defaulter Notices/Cessations in respect of Club members and accounts are deferred till after 1 May 2020.

CLUB STAFF:

- a. The staff salaries and benefits would remain unchanged.
- b. There shall be no compulsion imposed upon staff to take annual leave during this period. The previous flexibility with regard to leave applications during the MCO will be followed.
- c. The Staff Party presently scheduled for 30 April 2020 will be deferred to a date to be fixed.
- d. The Club will honour its existing tradition of being shut on Labour Day, 1 May 2020.

This MCO decision is going to have long term ramifications for all of us and the Club. More on these later, in so far the Club is concerned, once I get all fiscal figures, projections and calculations in. In keeping with the spirit of the nation and togetherness, albeit 'social distancing', I urge you all to 'Stay Safe'.

MANJEET SINGH DHILLON
President

7 April 2020

MCO UPDATE 3

Dear Members
UPDATE NO 3

ON THE ON-GOING MCO, THE ALIGNMENT OF THE PLANETS AND OUR 130 YEAR OLD GRANDE DAME

This is going to be probably a difficult update to write. Please appreciate the rationale behind it. The first half I could not resist writing, the second half is more to the point. It will like all messages have both the good and sobering news in it. The tradition is that the sobering news must go first but I will break with tradition.


Some levity, and lift, in these serious, sad days is called for. So first a warning – beware of the soothsayers! They resort to WhatsApp these days – Shakespeare is old hat. Ministerial outfitters are working on more attractive PPE designs, salt sales have skyrocketed and the latest Doraemon speech classes are overbooked.

The soothsayers caught me out though on 4th April and for that an apology. I may have let the Club down here. At precisely 10:14 a.m. on 4 April 2020 I received an urgent message – from a close friend, a professional – calling for 1 million meditators to liberate and reclaim the world (from Covid-19) because at 10:45 p.m. EST that night a CELESTIAL STARGATE was opening and the world's spiritual leaders and influencers were to participate and reclaim the world, undo the banking systems, dissolve the old world, erase covid-19 and end 5G. The last measure got me but I can assure you I was delighted that our 130 year old elite Club was rated an influencer in the Celestial Star gate opening. However my phone was set for Malaysian Standard Time and social distancing prevented me from getting the GC together and so, sadly, the Club went amiss there.

But all was not lost. Another 'miracle' happened. At 7:02 pm I received another invitation –at Modi's behest, apparently. We were to light an oil lamp on 5 April 2020 at 9 pm for 9 minutes and to chant a mantra simultaneously. It had all to do with alignment of Mars and the number '9'. Again, I sadly let the Club down on three scores – I did not know the mantra, all the lights in the house are run by TNB and what if I erroneously aligned the '9's. Plus, with the 8 pm curfew in place I wasn't exactly going to get my hands on an oil lamp!

Your GC missed the celestial doors. My apologies, if the MCO is extended.

But one good has come out of all these unsolicited messages. One, they are certainly markedly different from last year's vituperative lot and two, they have lightened my phone by virtue of the amazing number of contacts I have now blocked. What you do with yours is your call – you may want to keep Fauci (q.v.), remove Trump (which do not q.v.), get the closest PPE contact (in case you decide to disinfect your driveway and the road in front of your house or consider it in keeping abreast with the latest Ministerial designer wear), keep your stockbroker's number close to hand [in case you need to buy shares in the closest salt mine] and definitely, definitely, most certainly, keep in touch with Doraemon (just in case you need to send your loved one to the closest new language coaching centre).

The  'thingy' – I suggested that to my wife. She immediately opted to write to YB PM suggesting that the 'social distancing programme' now in place be made an annual month long celebration at both calendar ends of Valentine's Day.

THE SOBER PART

1. THE NATIONAL STIMULUS AND THE RLC

- i. The latest stimulus package was announced yesterday. How, and whether, it affects the Club is being considered in depth by the Club's Finance Department under the active supervision of the GM and VP.
- ii. We have a total staff complement of 144, of whom 36 are at management level. The staff earning below RM4K is 125.
- iii. Our total monthly staff cost (inclusive of EPF/SOCSO/EIS) is RM527,250. This is exclusive of utilities and other services.
- iv. Staff salaries are, since the MCO, being paid in full.

2. CLUB CLOSURE

- i. The Club will remain closed to members and guests till 6:00 a.m. 16 April 2020.

- ii. Entry to the Club till midnight 15 April 2020 will be limited to authorised persons and staff.
- iii. All staff and concessionaires will return to work on 15 April 2020, if there is no further extension of the MCO. This will facilitate getting the Club ready to be fully operational from 16 April 2020.
- iv. In the event the MCO is shortened or extended, this one (1) day delay will apply to that shortening or extension.
- v. The present temperature screening protocol at the entrance gates will be continued after the Club opening till further notice or till any alternative directives from the MOH.
- vi. All activities, entertainment events and members' functions scheduled till 30 April 2020 are deferred to dates to be fixed.

3. ACCOUNTS

- i. The March 2020 statements have been sent out to members this week. Payments will be due by 30 April 2020.
- ii. The Club bills members in arrears. Hence your March 2020 statements reflect charges till end March 2020 and will include charges to F & B till mid-March 2020 (i.e. the date of the MCO).
- iii. Any and all actions on Stop Credit/Defaulter Notices/Cessations in respect of Club members and accounts are deferred till after 1 May 2020.
- iv. The Reception Counters at the Club are closed till 16 April 2020 hence physical cheque payments can only be received after that date. Members are encouraged, if you are not on Auto Debit, to use the following alternative methods of payment:

(a) **By Post** (please write membership details on back of the cheque and make out cheque to KELAB TAMAN PERDANA DIRAJA KUALA LUMPUR);

(b) **Online Transfer** to the following accounts (please ensure your Club number is entered into payment details):

1.	CIMB A/C NO	: 80-0024095-4
2.	MAYBANK A/C NO	: 514105318780
3.	MAYBANK A/C NO	: 514105317874

The GC warmly appreciates members' co-operation and assistance in this respect.

4. WORK AROUND THE CLUB

Your GC has undertaken work, in the interim, in the following areas of the Club:

- i. Gym
- ii. Garden Café
- iii. Buttery
- iv. Batek Bar
- v. Orchid
- vi. Verandah

This MCO decision is going to have long term ramifications for all of us and our Club. More on these later, in so far as the Club is concerned, once I get all fiscal figures, projections and calculations in.

On behalf of your GC and the Club Staff, I urge you all to 'Stay Safe'.

MANJEET SINGH DHILLON
President

16 April 2020

MCO UPDATE 4

Dear Members

UPDATE NO 4 ON THE ON-GOING MCO



Yesterday (14 April 2020) about noon, Senior Buttery Supervisor Mokhtar Alias, who came voluntarily to check out his Buttery Bar Outlet, sustained a heart attack while there. The medics were unable to resuscitate him and he was declared dead in hospital at 2:00pm.

He was a popular member of the Club staff and has been with us since 1 April 1984. He will be sadly missed by us all. He leaves behind his wife and five children.

It was my fervent hope and wish that I wouldn't get to this stage – of having to write Update No: 4. But it was not to be. And so here I am wondering whether Update No: 5 will be needed. And if so, when? It is, all around, a very uncertain state of affairs.

Your GC met in an emergency session on Monday 13 April 2020 at 10.30 am, observing all needed social distancing, screening and health and safety requirements. Your GC, after a full and lengthy discussion, made the decision that there would be no waiver of subscriptions arising from the MCO.

We are being faced with a world-wide crisis of immeasurable impact. We have a 9000 strong membership book stretching across a very varied demographic profile, we have a 150 staff, who with their extended families [that will take the figure to more than a thousand dependents] all looking to us to continue the great tradition of the Royal Lake Club. Members may wish to note that your Club is a 130 years old members' institution. It has since 1890 gone through the 1st Great World War [1914-1918], the Spanish Flu, the Great Depression of 1929 -1932, the 2nd World War, the tragic May 1969 incident, the 1998 and 2008 financial crises and survived through them all. I tried very quickly to research and see what we did during those difficult times, when we had the hiccoughs, when we pulled in our horns. History, as we know, always gets overwritten and records pre-1930 are bare. But the Club apparently continued. According to Tate's book 'The Lake Club 1890 -1990' there was no President in office from 1916 to 1918 or between 1942 – 1947. There is not much in the way of written records for those years so I cannot say much about what happened to subs during those fitful years. Or when the price of rubber and tin tanked between 1929 – 1933 and the whole world sank into the Great Depression.

I cannot imagine the British paying subscriptions to the Japanese during the 2nd World War when the Club was overtaken by them and used as a workshop for broken down vehicles of the Japanese Imperial Army.

I can find little as to what happened during the short turbulence of 1969. Or the financial crises of 1998 and 2008 but I do recall paying my subscriptions continuously from when I became a member in the late 70s. Through all these 130 years neither the Club nor you have lost any of your exclusivity so we need to soldier on notwithstanding the MCO.

UPDATES:

A. CLUB RE-OPENING ON 2 MAY 2020 IN VIEW OF EXTENSION OF MCO

1. The GC had decided previously that the Club would be operational on 16 April 2020. This was on the basis that the MCO was to be in place till 14 April 2020. The MCO now has been extended to 28 April 2020.
2. The GC took note of the fact that 1 May 2020 is Labour Day and is a Malaysian Public Holiday. Traditionally the Club shuts at noon on 30 April, the day before Labour Day and re-opens at 6:00 am on the day after Labour Day.
3. In the prevailing circumstances the GC decided that the Club would only re-open to members and guests at 6:00 am on 2 May 2020.
4. All staff and concessionaires will return to work on 29 April 2020 and will attend to getting the Club ready for re-opening on 2 May 2020.

5. In the event that the MCO is extended beyond 28 April 2020, the GC will review this opening date and re-adjust all related opening schedules.

B. THE NATIONAL STIMULUS PACKAGES/CLUB ACCOUNTS

1. The Finance Committee and Department, under the supervision of the VP and the GM, will review the announced Federal stimulus packages and their applicability to the Club and Staff. The Club will, having reviewed the Club's accounts from January 2020 onwards, put in applications for any and such entitlements that meet the eligibility criteria.
2. The utilisation and application of any successful stimulus entitlements will be determined by the GC upon receipt by the Club of such payments. Successful stimulus entitlements, when received, will be applied to the benefit of the Club and its members.
3. Staff salaries (inclusive of EPF/Socso/EIS) of RM527, 250.00 have, since the commencement of the MCO been paid in full. There are no anticipated increments or adjustments to wages. The GC is scheduling a meeting with Staff Union and the Management in this respect should the MCO be extended beyond 28 April 2020.

C. MEMBERS ACCOUNTS

1. The April 2020 statements will only be sent out to members in the first week of May 2020 and payments will be due by 31 May 2020.
2. The next GC meeting is scheduled for 28 May 2020 and the GC will take no actions on Stop Credit/Defaulter Notices/Cessations in respect of Club members and accounts till after that date.
3. As previously advised members are encouraged, if not on Auto Debit, to use the following alternative methods of payment:
 - a. **By Post** (please write membership details on back of the cheque and make out cheque to KELAB TAMAN PERDANA DIRAJA KUALA LUMPUR);
 - b. **Online Transfer** to the following accounts (please ensure your Club number is entered into payment details):
 - i. CIMB A/C NO : 80-0024095-4
 - ii. MAYBANK A/C NO : 514105318780
 - iii. MAYBANK A/C NO : 514105317874

Your co-operation and assistance in this respect is warmly appreciated and welcome.

In addition, members may wish to note:

1. No staff has been compelled to work since 18 March 2020. All outlets have been closed.
2. Office management staff capable of working online from home are encouraged to do so. They are free to come in to complete any outstanding subject to observing all needed social distancing, screening and health and safety requirements within the Club.

This is your Club and only you can help it to weather and overcome this strange storm that has overtaken us all.

On behalf of your GC and the Club Staff, I urge you all to 'Stay Safe'.

MANJEET SINGH DHILLON
President

MCO UPDATE 5

LIMITED OPENING OF FACILITIES FROM 12 NOON MONDAY 4 MAY 2020

- CONSEQUENT UPON THE ANNOUNCEMENT BY THE PRIME MINISTER ON 1 MAY 2020 OF THE CONDITIONAL MCO THE FOLLOWING FACILITIES WILL BE OPEN WITH EFFECT FROM 12 NOON MONDAY 4 MAY 2020.
- THESE FOLLOW THE GUIDELINES ISSUED BY THE GOVERNMENT AND WILL APPLY IN THE CLUB UNTIL FURTHER NOTICE.
- MEMBERS ARE REQUESTED TO ADHERE TO THESE ARRANGEMENTS.
- THE CLUB STAFF HAVE BEEN INSTRUCTED TO ENSURE COMPLIANCE.
- PLEASE CO-OPERATE WITH THE STAFF TO ENSURE THAT ALL OF US REMAIN SAFE AND END THE PANDEMIC THAT HAS SEIZED THE NATION.
- ANY UPDATES TO THIS NOTICES WILL BE POSTED ON THE RLC WEBSITE (www.royallakeclub.org.my/info) AND IN NOTICES ACROSS THE CLUB.

STANDARD OPERATING PROCEDURES ACROSS THE CLUB

A. ON ENTERING THE CLUB

1. PLEASE **PRODUCE MEMBERSHIP CARD** TO SECURITY PERSONNEL. YOUR MEMBERSHIP NUMBER AND CAR NUMBER, IF YOU ARE DRIVING, WILL BE RECORDED. IF YOUR CAR DOES NOT HAVE A VALID CAR STICKER YOU WILL BE ADVISED TO OBTAIN ONE.
2. THERE WILL BE **TEMPERATURE SCREENING AT THE MAIN ENTRANCE** (GUARDHOUSE) FOR ALL STAFF, MEMBERS AND VISITORS. IF ANY ONE PERSON WHETHER IN A VEHICLE OR OTHERWISE IS FOUND TO HAVE A TEMPERATURE ABOVE 37.8°C THAT PERSON AND EVERYONE SHARING THE SAME VEHICLE WILL NOT BE PERMITTED TO ENTER THE CLUB AND WILL BE ADVISED TO LEAVE AND TO SEEK MEDICAL ATTENTION.
3. GUESTS PERMITTED INTO THE CLUB MUST BE REGISTERED BY THE MEMBER IN THE GUEST BOOK AT THE RECEPTION COUNTER.
4. GUESTS' NAMES MUST BE DECLARED TO THE STAFF ON DUTY AT THE MAIN ENTRANCE.

B. GENERAL - IN THE CLUB

1. All frontline staff WILL wear a facemask while on duty.
2. All staff WILL practice:
 - a. Good hygiene, namely washing of hands with soap and water; or ALTERNATIVELY
 - b. Use the PROVIDED hand sanitizer, after serving the members and/or clearing of tables etc.
3. Seating and table-setting at the various F&B outlets WILL comply with the ANNOUNCED GUIDELINES FOR social distancing.
4. Placing orders and signing of chits / bills will be done at the table only.
5. Tables and chairs will be sanitized after the tables are vacated by members/guests.
6. Car park is open daily from 6.30am to 10.30pm.
7. Reception is open daily from 8.00am to 10.00pm.

C. FACILITIES AND ACTIVITIES

THE FOLLOWING ARE CLOSED (TILL FURTHER NOTICE)

In view of challenges in the implementation of social distancing, the following outlets and FACILITIES will not be allowed to operate until further notice.

- 1) Karaoke
- 2) Changing Rooms and Sauna
- 3) Surau
- 4) Children's Library and Playroom
- 5) Machine Room
- 6) Mini Theater
- 7) Swimming Pools
- 8) Gymnasium / Aerobics Room
- 9) Billiards and Card Room
- 10) Recreation Hall
- 11) All indoor sports including badminton, table tennis and recreational classes.
- 12) Concessionaires:
 - a. Massage / Reflexology
 - b. Hair and Beauty Salons
 - c. Barber Shop

THE FOLLOWING ARE OPEN (FROM 12 NOON, MONDAY 4 MAY 2020)

Subject to the strict practice of social distancing and no body contact. The operating hours shall remain but subject to earliest OPENING at 7:30am and CLOSING at 7:00pm. **PLEASE NOTE OUTLET RESTRICTIONS WHERE NOTED.**

- 1) Florist (subject to only 1 customer in outlet at any **ONE** point in time).
- 2) Launderette (for drop off and collection only and subject to only 1 customer in outlet at any **ONE** point in time).
- 3) Car Wash.
- 4) Main Library (only for returning and borrowing of reading materials and subject to a maximum of 4 persons in the LIBRARY AT ANY ONE POINT OF TIME).
- 5) Tennis, subject to **singles games only**. Play schedule shall be from 7:30am to 7:00pm.
- 6) Squash, subject to one person to a court for practice only. Play schedule shall be from 7:30am to 10:00am and 4:00pm to 7:00pm.

OPERATING HOURS OF THE F&B OUTLETS ARE AS FOLLOWS:

Monday, 4 May 2020 – 12 noon onwards

(up to 10:00pm or the respective outlet's closing time whichever is earlier)

- 1) Poolside Stalls
- 2) Garden Café
- 3) Pavilion

Tuesday, 5 May 2020 ONWARDS

- 1) Buttery, Verandah and Batek Bar (with limited menu) from 12 noon onwards up to 10:00pm. A NOTICE WILL BE POSTED IN THE BUTTERY AND THE BATEK ENTRANCE WHEN THE FULL MENU IS AVAILABLE OR IF THERE IS ANY CHANGE TO THIS.
- 2) Bunga Raya is open for business offering full menu wherever possible during lunch (Noon to 3:00pm) and dinner (6:30pm to 10:00pm).

Thursday, 14 May 2020 ONWARDS

- 1) The Orchid (Lunch and dinner subject to closing hour of 10:00pm).

YOUR GENERAL COMMITTEE IN THS RESPECT HAS ADHERED TO THE GOVERNMENT GUIDELINES ISSUED AND HAS PROCEEDED WITH THE UTMOST CAUTION AND WITH OUR MEMBERS, VISITORS, STAFF AND THE COUNTRY'S PEOPLES, HEALTH AND SAFETY IN MIND.

BY ORDER OF THE GENERAL COMMITTEE
3 MAY 2020

12 May 2020

MCO UPDATE 6

Dear Members,

UPDATE NO. 6 – ON-GOING CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Members will be aware that the Government has announced the extension of the CMCO to 9 June 2020. In the circumstances, the Club's SOPs as contained in our Update No. 5 sent out on 3 May 2020 and printed in the Club Newsletter will continue till 9 June 2020.

Club members are requested to adhere to the SOPs. The responsibility is as much that of Club members as it is of the Club management to ensure stricter compliance with all SOPs in place.

Further to the earlier SOPs (Update No. 5), the General Committee has decided:

(1) SQUASH

- (a) Members playing with their registered child member are eligible to use a Squash court. Play schedule remains from 7:30am to 10:00am and 4:00pm to 7:00pm.
- (b) Please ensure that both parent member and child carry their relevant membership cards in the event a check is needed.

(2) TENNIS

- (a) Doubles tennis can be played on Courts 1 & 4 and Courts 5 & 7.
- (b) Only singles play is permitted on Courts 2 & 3 and Court 6.

(3) CHANGING ROOMS

Both the Men's Changing Room and Ladies' Changing Room will be opened daily from 7.30am to 7.00pm subject to the following:

- (a) Limited to 15 members in any one Changing Room at any one point in time.
- (b) The social distancing markers in the Changing Room must be strictly followed.
- (c) No towels will be available. Members are to bring their own towels.

(4) FOOD & BEVERAGE

- (a) To encourage usage of the Buttery, Bunga Raya, Poolside and Pavilion.
- (b) The Orchid will remain shut till 1 June 2020.

Members must play the vital role in containing the spread of Covid-19 by exercising self-discipline and adhering to the SOPs issued from time to time. Help us make the Club a safe community by self-regulating – stay home if you show any symptoms.

STAY VIGILANT

MANJEET SINGH DHILLON
President

Quarantine- the drain- a juxtaposition of internal conflicts

This piece is a salute to the front liners the world over. It is a juxtaposition of two writings – one, Malaysian (the one in text boxes first carried in FMT on 18 April 2020) and the other from across the world, a New York medic's day carried by the BBC.

Hemingway once said 'Today is only one day in all the days that will ever be. But what will happen in all the other days that ever come can depend on what you do today...'. He was talking of wars. He went on to say '... It's been that way all this year. It's been that way so many times. All of war is that way.' It seems like that, feels like that – that we have been at war this whole year. We haven't. But it does feel that way, doesn't it? And battle fatigue is almost setting in. Those of us in splendid isolation presently, with our whinges and gripes, should be grateful for our trivial pursuit of anguishes and hand wringings..

If your family members are starting to get on your nerves while you are cooped up in quarantine, just be grateful you're not Ernest Hemingway's first wife, Hadley Hemingway. In the summer of 1926, Hadley Hemingway's 3-year-old son Jack, who they called Bumby, developed whooping cough. Hadley found herself in quarantine with Bumby, Bumby's nanny, Hemingway and his mistress, Pauline Pfeiffer....If you want the rest of that story and what happened then, you will have to look it up and read all about it.



I got a pretty good night's sleep considering all the calls going on the day before. A solid five hours. I get up and listen to the news in the shower. More Covid-19 but the world still seems intact. I have to get ready to be at work in Sunset Park, Brooklyn, at 06:00 for a 16-hour shift. I put on my uniform, grab my radio and start the process of decontaminating my equipment. We have to wipe down all the radios, keys, trucks, bags and the rest of the gear. This virus can stay alive on everything. Nothing is safe - even your co-workers. In wars you see the bullet, you know who your enemy is. This is a war with an invisible bullet - everyone you come into contact with is a bullet who could get you. I log on that morning at 06:02. We have already had more than 1,500 calls since midnight. I get called for the assignment - a cardiac arrest. As a lieutenant I go with the medic and emergency medical technician crews to help treat patients and provide resources as needed. New York City has the busiest emergency medical services (EMS) system in the

world - with about 4,000 calls a day on average. Sometimes you get a spike like with a heat wave or a hurricane, but the busiest day before this was 9/11. That day, we had 6,400 calls but that wasn't 6,400 patients - either you made it out or you didn't. We noticed the spike in cases around March 20. By the 22nd it was like a bomb. We arrive at the house and I put on my mask, gown and gloves. We find a man. His family says he has had a fever and cough for five days. We start CPR and I watch the medics pass a tube down his throat to breathe for him and the IV gets started. We work on him for about 30 minutes before we pronounce him dead. I make sure the crews are OK and get back in my truck- decontaminating everything first. I hit the button to go available. Twenty minutes later, I get another cardiac arrest. Same symptoms, same procedures, same results. This virus attacks the lungs: you can't get enough oxygen into your system, then other systems start to shut down and then organ failure.

My wife is a frontliner. Every morning at 6am, she gets up, showers, gets ready and leaves...My five-month baby is usually awake by then. She holds him tight and kisses him, before turning to hug me goodbye too. The goodbyes are silent, but there are many things unspoken between us in that few minutes, because we know by the end of this day, our lives could have been turned upside down if she has been exposed....She comes home at 6pm, sanitising her hands and showering again before coming into the house. This is after showering and throwing off her clothes at work for a deep clean...My baby is already nervously looking for his mother by that time, and she is equally the same, nervously switching back and forth between the excited anticipation of finding her son but also unsure on whether to even touch him, let alone feed him as she worries about whether she has been infected.

We hit the button, get another one.
Hit the button after that, get another one.

There's only one patient we've seen so far who I feel wasn't Covid-19 and that's because it was a suicide. Imagine: I was there and my brain felt relief. This person's dead and it's a suicide. I felt relief that it was a regular job. It is now around 11:00 and I've done about six cardiac arrests. In normal times, a medic gets two or three in a week, maybe. You can have a busy day sometimes, but never this. Never this. The seventh call gets to me. We walk in and there's a woman on the floor. I see this woman doing CPR on her mother. She tells me she stopped breathing and had "the symptoms". We go to work to try and save her. As the medics are doing their thing I walk over to the daughter and she tells me how it all went down. She says her mum has been sick for the last few days. They couldn't get a test but think she had "it".

This cycle repeats itself, as it has continued for days past and will continue in the days to come....One of the greatest effects...is the physical fatigue of the long-hours...in...PPE...screening of Covid-19 patients... Close behind is the mental fatigue, the worry and fear of whether (she) could have been exposed and may infect the rest of (her) family.

The things we see are sometimes difficult to shake. And with this, people are going to be different afterwards. There's no way that the majority of EMS workers are going to come out of this happy-go-lucky. Maybe some of them will have these moments of clarity and appreciate the flowers and the sunrise, but for a lot of us, when we close our eyes, we're going to see this. The medics see me and come over and sit next to me. They both put their arms around me and we support each other.

It was their fifth arrest that day. All of us know what we are feeling. We just feel it together for a bit. We sit and then hit the button. It's 21:30 - half an hour to the end of my tour. Another arrest. Same symptoms - fever and cough for days. We work on him until I have to go and tell my twelfth family that I'm sorry we can't do any more. I've never been so drained and I go back to get ready to go home. I ask "are you the only family here?" She says yes but you guys were here on Thursday and worked on my dad. He had the symptoms as well. He passed away. She looks numb. I go back into the other room and hope that the medic will tell me there are signs of life. She looks up and I know the look after 17 years. The medic's eyes say no. So now I have to tell the daughter that both her parents are dead in a matter of three days.

Her dad's not even buried yet. So this woman is going to have a double funeral, if she's lucky enough to get a funeral, because funerals aren't happening right now. After that call I go outside and the cool air is what I need. We sit for a minute to try and recoup but we all feel it. Funny, we don't discuss it much. Medics tend to do that. We have to get ready for the next one. We hit the button. We get another one and so on and so on. It's about 18:00 and I just finished my tenth one. It's an Asian family who cannot believe their uncle has died. I see in their eyes they can't believe it. They keep imploring me to do something, to take him to the hospital, and I tell them we couldn't, even if we wanted to. The hospitals are not working on anyone who has no signs of life.

They keep saying "you have to save him, you have to save him". The son asks why we can't just start his heart again. The hard thing about wearing the mask is it covers half my face. All he's hearing are the words. If I'm able to show my face it lets the patient's family see the emotion behind it. Now all they see is my eyes and my eyes are in terror because I don't know if I can convince this kid that there's nothing more we can do. Pleas are sometimes difficult to shake. I'm on this call with the medics who were with me at the house with the daughter who lost both parents. They come outside and see me sitting on the stoop. I've had to tell 10 families we couldn't do any more. I am beside myself with feelings of bewilderment. I've never had to do a day like this in my career. I'm emotionally drained.

For us, the Covid-19 nightmare is not just limited to Malaysia alone....We have friends and family battling this disease all around the world, and every day, we wake up worried about how they are doing....What we face at home is not unique. It is repeated in many households in Malaysia and beyond.

The things we see are sometimes difficult to shake. And with this, people are going to be different afterwards. There's no way that the majority of EMS workers are going to come out of this happy-go-lucky. Maybe some of them will have these moments of clarity and appreciate the flowers and the sunrise, but for a lot of us, when we close our eyes, we're going to see this. The medics see me and come over and sit next to me. They both put their arms around me and we support each other. I'm single and have no kids. This is the only time in my life that I've ever been happy that I'm single because I don't bring it home. But so many people are worried about this. I signed up for a job where I can get sick and die. Members' families signed up knowing that their loved one could get sick and die on this job, but they did not sign up for the loved one to bring it home to them.

The frontliners are the new soldiers, battling to save their families, loved ones, their people, their country, and yes, perhaps even the world. [It] is made up of many heads, hearts and hands, functioning as one seamless unit, from the medical specialists to the medical officers, house officers, assistant medical officers, nurses, nursing care aides, health inspectors, lab technicians....And this long list does not even cover the healthcare professionals (HCPs) who make up the front line, or the countless other unsung heroes - the security guards, the cooks who ensure food is delivered to patients, the cleaners who are exposed day in and day out to remove clinical waste; the front and back staff who are not clinically trained but still working in high-exposure risk environments.

COVID-19

The stress that members have that weighs heavily on me is their worry that if they die on the job their families won't be taken care of.

I'm a practising Buddhist and I meditate, but even I'm having trouble disconnecting now. The emotional drain that happens on days like this stays with you because you know you're going to have to go to work tomorrow for another 16 hours and you're going to get it again. We are pretty good at saving people's lives. But with this virus the odds are against us. Hope fades fighting it. We are fighting an invisible enemy that is taking out our co-workers - and right now, hope is fleeting.

Before the Covid-19 outbreak, healthcare professionals had often been easy scapegoats for many things. In times of economic uncertainty, we target them when freezing wages, we blame them for profiteering, we scream at them in hospitals or clinics for not serving us quickly, we opt to not renew junior officers' service contracts, we question whether they truly deserve that "critical" allowance....On social media, one sees comments like, "They are getting paid, so what?", or "they are only doing their job, right. Don't know what's the big fuss?". Today, the frontliners are the ones fighting this pandemic, and dying, no less.



PIANO SESSIONS

at the Lobby Lounge

If you are interested to play the piano at the Lobby Lounge, kindly contact Azhar, Senior Events Executive at 2223.

a) Day : Thursdays to Saturdays
b) Time : 6:30pm to 7:30pm

Each session will earn a complimentary food voucher of RM50.



CRISIS

危

Danger

機

Opportunity

(There is a story behind these two Chinese characters..

They say that in every crisis there is an opportunity. John F Kennedy famously declared that in the Chinese language, the word 'crisis' is composed of two characters, one representing danger and the other opportunity. In a crisis, be aware of danger- but recognize the opportunity".

The Club was silent, empty, missing the vibes of its members and staff from 18 March onwards. We, the nation and Club, were in a crisis. In the deafening silent voids of the Club was a rare opportunity. Your GM backed by the GC undertook essential upgrading work around the Club - at the Banquet Hall, Batek Bar, Buttery, Garden Café, Gymnasium, Lobby, Main Kitchen, Pavilion, Poolside, The Orchid and the Verendah. The opportunity was seized with both hands. The following photographs illustrate that. There is more that needs doing. Enjoy - Editor)

Banquet Hall



05
20

Batek Bar



Buttery



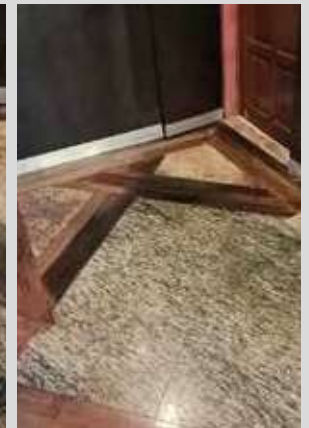
Garden Café



Gymnasium



Lobby



Main Kitchen



Pavilion



Poolside



The Orchid



Verendah



First Introduction Night of 2020

Thursday, 5 March 2020

The first Introduction Night for new members for 2020 was hosted at *The Orchid* on Thursday 5 March 2020. Thirty new members accompanied by their spouses were officially introduced to the club. Among them was His Excellency George Bitar Ghanem, the Ambassador of Lebanon. In his welcoming speech to the new members, the president, Manjeet Singh describes RLC as a melting pot of diversity. Referring to our Mar/Apr Newsletter, "We are like Matryoshka dolls. It's a nesting doll consisting of nine dolls, all varying in size. I wish the politicians can see what a diversity this club really is. So if you have the first layer and you have a Malay there, and if you peel away the first layer, you will see a Chinese there, and if you peel away that layer, you might actually see an Indian there. So it is like that this country is really a country of Matryoshka dolls. We are all nesting dolls, we all live in each other and this club is a perfect example of it". To round up his speech, Manjeet appealed to the new members to offer their talents and expertise to the club....pro bono...amidst laughter!



H.E. George Bitar Ghanem



Alvin Lim Yau Zyong



Chin Tai Hin



Chung Winnou



Dr Azlan Zainal



Dr Manpreet Kaur Randhawa



Dr Tan Wei Lin



Iman Didi Syafruddin Yahya



Jeffrey Gerard Perera



Jude Mohan Rajandran



Kelvin Wee Heng Keong



Keshav Vinayagar Thavalingam



Kevin Lim Jong Lin



Laavynia Su-lin Nambiar



Leong Chooi Kuen



Lim Jit Jee



Low Chee Hian



Low Tek Kian



Muhammad Solleh Ramli



Robin Chen Jit Chieh



Vilashini
V. Ganespathy



Wong Li Lian



Wong Zhen Kit



YBhg Dato
Inderjit Singh



YBhg Dato
Ir Tee Chai Seng



Shakira Su-Ching
Nambiar



Tan Teong Cheng



YBhg Datuk
Toh Yu Huat



Yue Yeon-Li



Zulharry Abdul Rashid



2020 - Special Introductions

Thursday 23 Jan 2020

Thursday 30 Jan 2020

Special introductions are held when the new member is unable to attend the regular Introduction Night. Usually this is because he/she is studying abroad and we slot in the special introduction when he/she is back in Kuala Lumpur for a short break.



Ym Putri Sharizan Karim Tajdin Dhala - 23 Jan 2020



Loh Pey Shin Louisa - 23 Jan 2020



Madeliene Yong Su Yen - 30 Jan 2020



Lauren Diandra Ong Sue Ching - 30 Jan 2020

First Induction Night of 2020

Thursday, 12 March 2020

From the membership interview conducted on 13 February, we welcomed seven new temporary members to the club on Thursday 12 March at *The Orchid*. Gasper Gnanamuthu, the membership chairman, welcomed the members and ran through the amenities and facilities that our club has to offer. When the introductory kits were distributed to the temporary members, everyone was encouraged to make full use of their cards at the F & B outlets! Welcome new members!



Anandan Al Lingam



Chan Heng Ong



Johara Chai
Abdullah



Mohd Amirulfazli
Ibrahim



Teoh Boon Pin



Ting Chun Hong
(Ivan)



YBhg Datuk
Teoh Eng Kee

ADVERTISE WITH US

The RLC Newsletter is published bi-monthly for the Club Members, featuring articles of the various activities, F&B promotions and entertainment events. Total readership is more than 40,000 including family members.

We provide excellent opportunities for Members and Corporations to advertise with us.

Our rates are as follows:

FULL PAGE (ROP) - RM1,800

INSIDE COVER - RM2,300

CENTREFOLD (2 PAGES) - RM4,000

BACK COVER - RM2,800



For further inquiries, kindly contact:
ROZITA TEH
03-2698 7878 ext 2110



or email to
newsletter@royallakeclub.org.my
for booking details.



Cuban Salsa Night!

The Legendary LEWIS PRAGASAM & MEIVYS SAHILY

Friday, 13 March 2020

by C P Tan

Cuba? Salsa? Cuban and Salsa? That piqued my interest! Cuban music is often considered one of the richest and most influential regional musics of the world. And what a treat to have our very homegrown legendary drummer and percussionist, Lewis Pragasam, bring it to us together with a real McCoy Cuban, Meivys Sahily! This was definitely not an event to be missed!

The Pavilion was packed to the hilt way before showtime at 9pm. Patrons tucked into their dinner while waiting, and the wait proved worthwhile indeed. Lewis appeared with his eco-drums that he had self manufactured with recycled materials, customized to his own sound requirements. (If you would like your own set of customized eco-drums, please contact Lewis). Performing with Lewis was Meivys, on the Conga drums, and Dodong on the keyboard.

They started off with Meivys showing off her drum prowess on the congas. Rhythm was in her soul, and you could feel the audience paying full attention to her, some completely mesmerized. Meivys was a superb emcee and had the crowd eating out of her hand. When she sang later, my, it was like music embodied in a human body! We were feted to Kesas Kesas, Tequila, Conga, Waka Waka, Bara Bara, La Bamba, Stand by Me, Mas Que Nada and of course the *pièce de résistance* Guantanamera. For Guantanamera Meivys invited the audience to sing along with her, and they did, following her every cue perfectly!

Midnight came too soon, when we had to bid the trio adieu.



You can view this video by going to our website:-
<https://www.royallakeclub.org.my/may-june-2020>





PIANO SESSIONS

at the Lobby Lounge



The piano had been lying in one corner of the Pavillion, unused and forgotten. Maybe it is time to resurrect it and make better if not full use of it.

So in April 2019, the piano was moved and relocated to the Lobby Lounge. But before it can be properly used, it needed to be repaired, regulated, calibrated and tuned. Once that was completed, the idea was to encourage our members to come forward and volunteer to play at the Lobby.

Word went out and in October 2019, the piano came to life at 6:30pm-7:15pm from Mondays to Wednesdays. We have had 7 members playing by appointment, ranging from children to veterans (eh... not so young). Members that have displayed their musical prowess are David Lau, Loke Pak Seng, Jimmy Lim, Karunamoorthy, Sia Ee Lise, Sia Ee Wen and Wong Pay Lil.

The present sessions (just before MCO) are on Thursdays to Saturdays from 6:30pm -7:30pm. If you can play a piece correctly, please come forward and volunteer. Pianists are rewarded with a Rm50 F&B voucher.

A write up from 9 year old Sia Ee Lise who shares a slot with her brother Ee Wen aged 12 follows.

Editor



Ee Lise

Ee Wen



吉隆坡坤成国民型华文小学二校
SEKOLAH JENIS KEBANGSAAN (C) KUEN CHENG (2)
KUALA LUMPUR

姓名

班级

Playing Piano at Royal Lake Club

My name is Melody Sia Ee Lise. I am going to be ten years old. I took grade 3 exam in piano last year. This year for my piano grading, I am going to skip grade 4 and move on to grade 5!

I really like playing the piano in Lake Club as "work". When I first started playing the piano, in Lake Club, I was nervous. But after a few minutes, it wasn't too bad. I just focused on the notes.

I played a few songs like waltz in A minor by Chopin (grade 5), Nocturne in C# minor by Chopin (grade 7), Andante in A by Haydn (grade 5), Bagatelle in F major by Beethoven and other classical musics.

My brother, Ee Wen plays the piano in Lake Club too. He mainly plays jazzy/Pop music such as "The Pink Panther", "Star Wars" and more.

Thank you to Royal Lake Club for giving us opportunity to play the piano and giving us the food voucher. I'm going to have my favourite meal in the Bunga Raya restaurant. 😊



What is Wine?

by Michael SN Godfrey

My trusted Pocket Oxford dictionary commences its definition with 'Fermented grape-juice or any of its varieties as drink, fermented drink resembling it made from other fruits &

So, it is a concoction of grape juice pressed from fresh grapes and left with a yeast to ferment. The yeast gobbles up the sugar in the grape juice, leaving ethyl alcohol as the waste product. (Methyl, propyl, and butyl alcohols are dangerous and can result in blindness and death).

In England, we used to make wine from several non-grape items such as young oak leaves, stinging nettles, elderberry, elderflower, and even used tea bags. Boil the ingredients in water, leave to cool, add sugar and yeast, and leave to ferment. After straining and bottling the 'wine' is left for a few months before sampling. What does it taste like.? Surprisingly good, and quite unlike its ingredients. For example, the tea bags wine could be mistaken for a Chardonnay.



But I digress, and we will stick to the grape as the primary ingredient. So where did it originate? No-one knows, but probably in the Caucasus / Middle-east. When we were in the Caucasus recently, Georgia claimed to be one of the cradles of winemaking, and archaeologists have found the conical-shaped amphora type clay vessels and dated them as approximately 6000 BC. The signature feature of Georgian winemaking is the use of these baked clay amphorae placed in the ground for fermentation.

There are nearly four hundred traditional Georgian grape varieties, but only 38 varieties are grown commercially, and even some of these are little known in the world. Saperavi is the most important grape variety used to make Georgian red wines, and its potential to produce high alcohol levels and is used extensively for blending with other lesser varieties. It is said that wine from this grape can be aged up to fifty years.

The vines were taken by the European travellers back to their homelands, and it did not take long before the French were the leading winemakers in Europe. This was due to the 'terroir' (soil, topography and climate) and soon the wines from Bordeaux, Burgundy and the Champagne regions were the most sought after.

Each year, the wines made from the same area were slightly different, and the desirability of each year's 'vintage' became a matter of much debate by the aficionados, and the prices varied accordingly.

The French were probably a little upset when some of their vines were taken to Australia, and South America to be propagated there. But when the terrible French wine blight, caused by an aphid, struck the French wine industry in the mid-1800s, they were able to graft their vines onto the more resistant American rootstock, and the French industry was saved.

Wines can be fortified with brandy, and Port has a fascinating history. Wine has been made in Portugal for thousands of years and was well known in Roman times. Britain was often at war with France and the French wine supplies dried up, and so Portuguese wines became popular, but they did not always travel well. In 1678 some English wine merchants visited Lamego, on the upper Duoro river. Here, an Abbot was producing fortified wines from the fifty or so varieties of local grape. Fortifying wine with brandy was not a new thing, but the Abbot was fortifying it during the fermentation process, not after it. The result is a stronger but sweeter wine, as the yeast cells were killed off by the extra alcohol, leaving more residual sugar.

These wines were shipped from Oporto and became known as 'port'. English and Scottish exporters set up warehouses, and even now the majority of port is exported in bottles under their labels. Tawney port has been left in the barrels for much longer and loses the bright red of a Ruby port, and it will be more complex and less sweet. A white port is also produced.

Vintage ports are usually drunk at the end of a meal, together with the cheeses, and tradition has it that the bottle or decanter is always passed to the left around the table, in a clockwise direction. Many military messes have their own and very complicated methods of 'passing the port', and this can include serving the person on one's right before passing the decanter to the left.

Sherry is also a fortified wine, but here the brandy is added at the end of the fermentation. If all the available sugar has been converted to alcohol, then a very dry sherry can be produced such as 'Fino'. Sherry comes from the Jerez region of south-western Spain.

The Portuguese Island of Madeira also produces a fortified wine, but using a slightly different method of introducing the local brandy to that used in port or sherry.

The important thing is to enjoy one's wine in moderation, and to try to remember the flavours that come past our palate.

To be continued....

RLC Qigong Commendation Certificate Presentation Ceremony

Saturday, 29 February 2020

by Goh Chee Kiong



The RLC Qigong Section holds its class weekly on Wednesdays at the Gazebo by the Poolside from 7.00pm to 8.30pm.

A commemorative dinner was held at the Bunga Raya restaurant on 29, February 2020 to award Commendation Certificates to students who have been in practice for more than 8 years. The certificates were presented by the Chairman of CSCQ Qigong Association Malaysia, Dr Wong Foot Meow. Amidst the great ambience and food, it was indeed the spirit of camaraderie between the fellow practitioners and peers that made this night complete.



This night will not have come about without the tireless efforts of the instructors, Mr Chew Hong Hing and Ms Erica Liew Ooi Ming. Under their watchful eyes and guidance, they have together made the practice of CSCQ in the RLC unique with their personalised approach for the practitioners: one-to-one instruction where one instructor working with one student throughout every learning session.

CSCQ is a potent mix of movement with meditation/ visualization which consists of 5 Routines, 8 Health Remedy Routines and Standing Meditation. The practice clears the qi meridian fast with swift acquisition of healing energy. Join us and realise good health as conscientious practice of CSCQ will reduce your risk factors and improve your long term health prospects. It is easy to practise and requires only 30 minutes to complete the signature 5 Routines.

Contact Ms Erica Liew Ooi Ming at 017 57572952 for more details.

Badminton-Friendly Match vs Kelab Shah Alam (KSAS)

Saturday, 29 February 2020

On Saturday, 29 February 2020, Lake Club hosted a friendly badminton match against Kelab Shah Alam (KSAS).

Mr. V T Selvam had organized the friendly match in a very cordial manner, followed by a good dinner at the Bunga Raya restaurant.

A big thank you to the RLC and KSAS players who made time to participate in the friendly match.



Squash-Conditioning Handicap Tournament

Saturday, 14 March 2020

by Shamsudin Mustafa

Despite a lower turnout than expected, eight squash players battled for over two hours in two round robin groups culminating in Rajiv Vijayanathan and Shahril Hamzah winning their respective groups. Rajiv, having been the runner up in the last tournament, went one better by beating Shahril and proving to everyone he was a lot better than his handicap of minus seven!

The conditioning handicap tournament is designed to attract players of all standards, and handicaps are given to each player to even up the differing playing standards. It is held quarterly and I hope the next tournament will attract a larger interest. The tournament is not just about a good competitive workout on court but also a chance to get together among fellow members for a fun filled afternoon.

My thanks to Baskar and his team for arranging the event and for providing the refreshments. Equally I would like to thank Billy, Heng. Kelvin, Daniel, Huang, Rajiv and Shahril for making this event a success!



RLC Golf-President's Team vs Chairman's Team cum Medal Competition

Saturday, 22 February 2020

by Lee Ming Tiong

The first game of the year was aptly organized as the President's team versus the Chairman's team on Saturday, 22 February 2020 at Tiara Melaka Golf & Country Club.

A total of 40 golfers took part and the competition was intense but as always in a friendly spirit; befitting the Royal Lake Club. The winner of the trophy was the Chairman's team who won by the narrowest margin of 332 points difference. For golfers who are not golf section members, we urge you to join us . The programme for the year will take us to many interesting & challenging courses in the Klang Valley, rest of Malaysia & possibly abroad. The full results for the monthly medals are :

Division "A" (HC 01-20)		HC	SCORE
Champion	: Patrick YC Siew	(19)	37
Runner up	: Hari Prasad	(17)	36

Division "B" (HC 21-23)		HC	SCORE
Champion	: Lee Ming Tiong	(22)	40
Runner up	: Pietro Martucci	(21)	39
3rd Placing	: John Cheang	(22)	36

Division "C" (HC 24-36)		HC	SCORE
Champion	: Caroline Chiam	(27)	38
Runner up	: May Liew	(36)	35
3rd Placing	: Abdul Raof A Shan	(24)	34
4th Placing	: Martin HH Chan	(24)	31 OCB
5th Placing	: Christopher Low	(24)	31



Hashing Through the MCO

(How the Lake Club Hashers entertain themselves during the MCO)

March/April 2020

by Village Elder, Uncle Yap



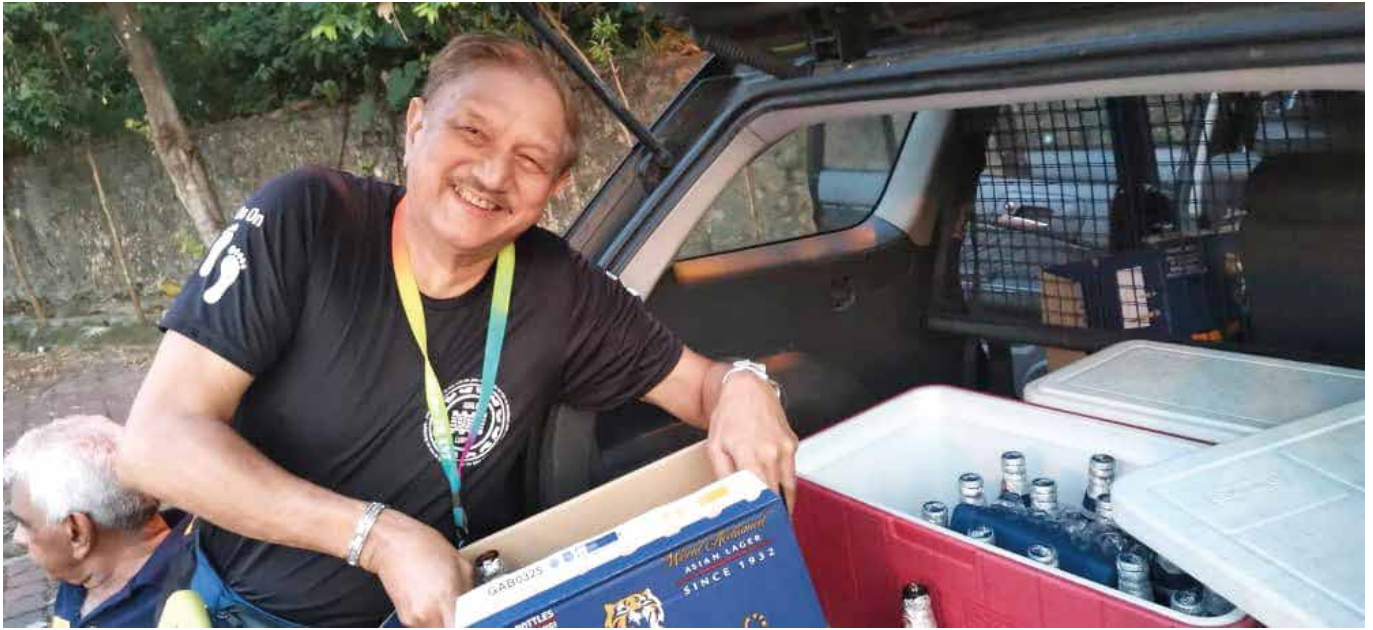
When RLC Harriers Run # 1118 was announced to be held on Tuesday 17 March 2020, we were all looking forward to running through Bukit Gasing again. Then came the bombshell announcement that Malaysia would begin a period of national lockdown euphemistically called Movement Control Order (MCO) from Wednesday 18 March.

In the interest of safety and public spiritedness to support the Government's efforts to stem the spread of Covid-19, Mismanagement(that's what we call our executive committee) suspended all hashing activities forthwith until such time when we are given the national all clear.

Alas, hashers are an energetic lot and the thought of being cooped up with nothing to do, no hash runs to go to and no gathering to drink copious amounts of beer to treat that serious condition called dehydration was simply too much.

A group of hashers decided to honour their solemn pledge when they joined the hash Section "...to run the hash every Tuesday, come rain, come shine, come tsunami, come my wife's birthday..." Thus began a series of virtual runs starting with Corona Run #1.





In spite of the MCO, some 50 hashers gathered at the car-park at the PJ side of Bukit Gasing. To enforce social distancing, Sergeant-at-arms Peter Leong carried a metre-long stick to gently tap anyone getting too close with an ominous warning "The next tap will be definitely harder"

At 6pm GrandMaster Dato Steven Oon pressed his roti horn and off we went into the recreational park, steadily climbing until we reached the top. After a series of checks and some meandering under the verdant canopy of green leaves, we emerged an hour later to well-deserved soft drinks and that golden elixir of life called beer.

We partook of sweet pineapple and chicken-leg porridge and the Circle began. People were hauled up for all manner of sins, real or imaginery and punished with a glass of beer. When the beer barrel dried up, out came the single malts and the wine and there at Bukit Gasing the members of the RLC Harriers ate, drank and made merry.

Over the course of the next few weeks, we continued to gather every Tuesday at different run-sites to have our virtual runs, climbing steep mountains and traversing deep rivers and streams, drinking beer and whisky and the beauty of the whole deal was that none of us had to leave the safety of our house. We could drink all we wanted and still safely return to the home we never left.



At the fifth virtual run, we added another revolutionary element, Zoom, whereby many of us conference-met, toasting one another and recalling fond memories of previous adventures.

To many, the MCO might be boring but to hashers, every Tuesday evening was filled with everybody logging into our Whatsapp chat, recalling past misdeeds and reliving escapades and that helped immensely in keeping our sanity. On! On!

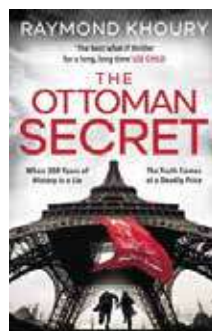


PLAYING WITH FIRE

A beautiful violinist is haunted by a very old piece of music she finds in a strange antique shop in Rome. The first time Julia picks up *The Incendio Waltz*, she knows it's a strikingly unusual composition. But while playing the piece, Julia blacks out and awakens to find her young daughter Lily implicated

in acts of surprising violence.

And when she travels to Venice to find the previous owner of the music, she uncovers a dark secret that involves dangerously powerful people—a family who would stop at nothing to keep Julia from bringing the truth to light. There Julia finds far more than just answers, and uncovers a heartbreaking, long-buried tale of tragedy and devastation.

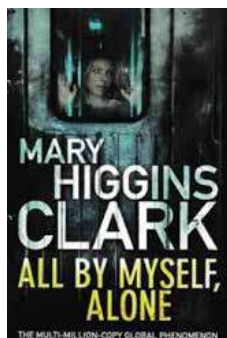


THE OTTOMAN SECRET

Talking about the plot too much would give away too many of the twists and turns of what is essentially, in the end a fairly linear thriller narrative. The trick is not to think too deeply about the mechanics of the time travel that makes this all work mainly because it makes little to no sense. And of course,

ever since Terminator, time travellers always emerge naked (hence the tattoos).

The Ottoman Secret is about using Khoury's magical time travel mechanism to play with history and make his characters improvise as they deal with the constraints of different historical periods. The Ottoman Secret is what is generally referred to as a beach read. It is silly and not worth spending too much time thinking about but Khoury has an easy style to the point that when the exposition stops, the pages practically turn themselves. And Khoury does, eventually, have a serious point to make about the modern world and the philosophies that it is based on. Which does not necessarily justify the premise but does leave readers with something to think about after the dust has settled.

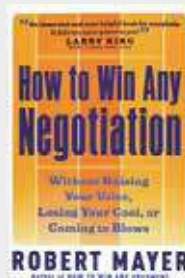


ALL BY MYSELF, ALONE

Fleeing the humiliating arrest of her husband-to-be on the eve of their wedding, Celia Kilbride, a gems and jewellery expert, hopes to escape form public attention by lecturing on a brand-new cruise ship, the Queen Charlotte. On board she meets eighty-six-year-old Lady Emily Haywood – the

owner of a priceless emerald necklace that she intends to leave to a museum after the cruise.

But three days out to sea Lady Emily is found dead – with the necklace missing. And the list of suspects is large and growing. Celia sets out to find the killer, not realising that she herself is in mortal danger before the ship reaches its final destination.



HOW TO WIN ANY NEGOTIATION

Today's super negotiator has to be a versatile problem-solver, seeking hard-bargain results with a soft touch. With punch and panache, Robert Mayer shows you how to make the grade, revealing powerful negotiating tools drawn from a unique blend of sources: Recent advances in

psychology, linguistics, trial advocacy, sales, and management communications tips, tricks, and techniques drawn from interviews with more than 200 of the world's master negotiators. Mayer's own "been there, done that" years as a lawyer representing thousands of clients.

MAIN LIBRARY HOURS

Monday to Sunday
10.00am - 8.30pm

Public Holiday
10.00am - 6.00pm



Edited by T V Sekhar

CRYPTIC CROSSWORD PUZZLE

I am pleased to note that the response to RLC 237 showed an improvement with 8 entries being received. 2 entries had an error each and alas, 1 all-correct entry had to be DQ-ed for not complying with the mailing instruction.

The following members with all-correct entries, listed in the order of receipt thereof, will receive an F&B voucher of RM60 each: Yap Yok Foo (11186); Kok Heng Wong (12035); Datuk Tan Seng Chee (8961); Chiang Siew Lee (13484); Maureen Mokhlis (10262) Congratulations!

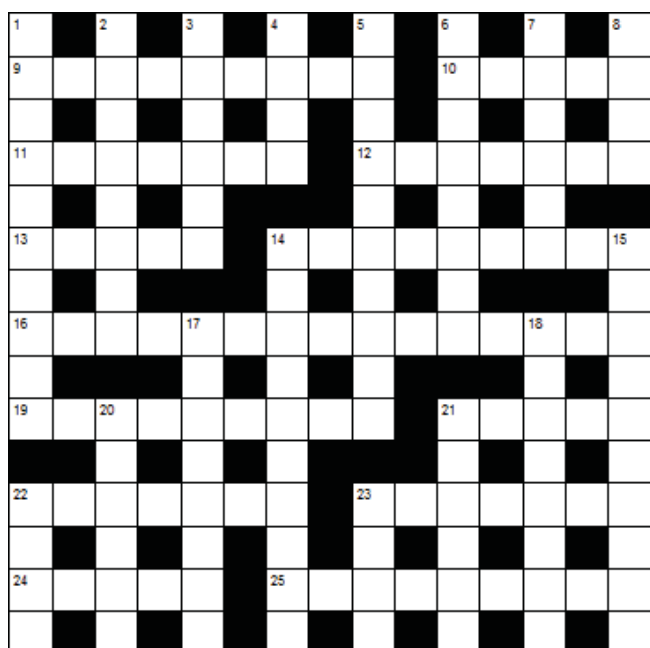
For RLC 238, complete the puzzle and email your entries to me at tv13tgv@gmail.com on or before 31 May 2020.

Happy solving!



Answer Grid for RLC 237

RLC Crossword No 238 set by T V Sekhar



Entry Form for RLC 238

Name: _____

Membership No. : _____

Members who want an explanation for all the clues in last issue's puzzle are invited to e-mail tv13tgv@gmail.com with the subject "Crossword answers please" and you will be placed on the mail-list to receive by e-mail, explanations for all the clues.

Across

- 9 Fictional country of Hope (9)
- 10 Half of them have trouble getting message (5)
- 11 People like Uncle Yap from the streets (7)
- 12 Conservative taking moment to unravel remark (7)
- 13 Racecourse for a Highlander (5)
- 14 Very important memo not composed by us (9)
- 16 Waving arms heartily with three aces in seasonal greeting (7,4,4)
- 19 Great duel badly controlled (9)
- 21 Question how her enthusiasm held (5)
- 22 Annoyed, having to reorder drug (7)
- 23 Crude song heard from pirate (7)
- 24 Boredom seen in pupil regularly (5)
- 25 A joint complaint on traditional English fare (5,4)

Down

- 1 Very unfashionable French redhead is a gatecrasher (10)
- 2 Serious fault-finding (8)
- 3 Swear when watching cricket international (6)
- 4 Responsibility not on them (4)
- 5 Bond, Madam C's raging about computer's error message (3,7)
- 6 In Bern, I'm changing money (8)
- 7 Stare, with Derek, at garden feature (6)
- 8 Dull apartment (4)
- 14 Hearty tome rewritten about philosophical discussion (10)
- 15 RAF accepts new flying machine (10)
- 17 Set sail, Amy, to a tropical country (8)
- 18 Means to declare earnings, but not the first week's (8)
- 20 Reason to forbid plane to fly (6)
- 21 Starts to watch a recent movie- Tom Hanks shows affection (6)
- 22 Capable of sounding like murder victim (4)
- 23 Maintain I omitted shellfish (4)

05
20



Worked Example of Sudoku Challenge: March/April 2020 Issue:

Adapted from Star 2; Sunday, 12 Jan 2020 © Nikoli Co. Ltd., Japan. Notations/signs/symbols are used. The techniques used involve analyzing R/C/B for solutions by the only-cell(OC)/only-digit(OD) approach combined with using *strategic* "locked sets of candidates" in R/C/B.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1		5	9	8	1 ₂	4 ₁			
R2								5 ₅	4
R3				6	3	5 ₄		9 ₃	1
R4							7		8
R5			6				9		
R6	4		3						
R7	6				4	3			
R8	1								
R9						9	5	1	

Fig. 1: R1: [4] in C1, C5, B3: 4₁; R1: [1] in B3, C1: 1₂. No f. up. R3: [9] in B1, C6, C7: 9₃; R3: [5] in B1, C7: 5₄. R2: [5] in B1, B2, C7: 5₅. No f. up.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1		5	9	8	1 ₂	4 ₁			
R2		6 ₆	1 ₇					5 ₅	4
R3				6	3	5 ₄		9 ₃	1
R4	9 ₈						7		8
R5	5 ₉		6				9		
R6	4		3						5 ₁₀
R7	6				4	3			
R8	1								
R9						9	5	1	

Fig. 2: C2: [6] in B7, B4, R3: 6₆; R2: [1] in C1, B2, B3: 1₇. No f. up. C1: [9] in B1, R5, R9: 9₈; C1: [5] in B1, R9: 5₉; F. up, C9: [5] in B3, R5, B9: 5₁₀

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	3 ₁₇	5	9	8	1 ₂	4 ₁	6 ₁₃		
R2	8 ₁₆	6 ₆	1 ₇				3 ₁₄	5 ₅	4
R3				6	3	5 ₄	8 ₁₅	9 ₃	1
R4	9 ₈						7		8
R5	5 ₉		6				9		
R6	4		3				1 ₁₁		5 ₁₀
R7	6				4	3	2 ₁₈		
R8	1						4 ₁₂		
R9						9	5	1	

Fig. 3: F. up 5₁₀, B6: 1₁₁; C7: [4] in B3, R7: 4₁₂; C7: [6] in R2, R3, R7: 6₁₃; C7: [3] in R3, R7: 3₁₄; B3: [8] in R1: 8₁₅; B1: 8₁₆; f. up 3₁₄ R1: 3₁₇; C7: 2₁₈.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	3 ₁₇	5	9	8	1 ₂	4 ₁	6 ₁₃		
R2	8 ₁₆	6 ₆	1 ₇				3 ₁₄	5 ₅	4
R3				6	3	5 ₄	8 ₁₅	9 ₃	1
R4	9 ₈	1 ₂₄					7		8
R5	5 ₉	7 ₈	6				9		
R6	4	7 ₈	3				1 ₁₁		5 ₁₀
R7	6	9 ₂₃	5 ₂₀	1 ₁₉	4	3	2 ₁₈	8 ₂₁	7 ₂₂
R8	1						4 ₁₂		
R9						9	5	1	

Fig. 4: F. up 2₁₈, R7: [1] in B7, B9: 1₁₉; R7: 5₂₀; 2nd f. up 5₉, B4: [7₈] in R4: LS(7₈); F. up, R7: [8] in C8, C2: 8₂₁; R7: 7₂₂; R7: 9₂₃; C2: [1] in B7, B1: 1₂₄

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	3 ₁₇	5	9	8	1 ₂	4 ₁	6 ₁₃	7 ₃₁	2 ₃₀
R2	8 ₁₆	6 ₆	1 ₇				3 ₁₄	5 ₅	4
R3				6	3	5 ₄	8 ₁₅	9 ₃	1
R4	9 ₈	1 ₂₄	2 ₂₅		5 ₂₇	6 ₂₆	7		8
R5	5 ₉	7 ₈	6				9		
R6	4	7 ₈	3				1 ₁₁		5 ₁₀
R7	6	9 ₂₃	5 ₂₀	1 ₁₉	4	3	2 ₁₈	8 ₂₁	7 ₂₂
R8	1			5 ₂₈			4 ₁₂	3 ₃₃	9 ₂₉
R9						9	5	1	6 ₃₂

Fig. 5: F. up 1₂₄, B4: 2₂₅; R4: [3456]; [345] in C6: 6₂₆; R4: [345]; [34] in C5: 5₂₇; C4: 5₂₈; R8: 9₂₉; C9: [236]; [36] in R1; 2₃₀; B3: 7₃₁; C9: 6₃₂; B9: 3₃₃.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	3 ₁₇	5	9	8	1 ₂	4 ₁	6 ₁₃	7 ₃₁	2 ₃₀
R2	8 ₁₆	6 ₆	1 ₇				3 ₁₄	5 ₅	4
R3				6	3	5 ₄	8 ₁₅	9 ₃	1
R4	9 ₈	1 ₂₄	2 ₂₅	3 ₃₅	5 ₂₇	6 ₂₆	7	4 ₃₆	8
R5	5 ₉	7 ₈	6	4 ₃₉		1 ₄₀	9	2 ₃₈	3 ₃₄
R6	4	7 ₈	3				1 ₁₁	6 ₃₇	5 ₁₀
R7	6	9 ₂₃	5 ₂₀	1 ₁₉	4	3	2 ₁₈	8 ₂₁	7 ₂₂
R8	1	2 ₄₂		5 ₂₈	6 ₄₁		4 ₁₂	3 ₃₃	9 ₂₉
R9						9	5	1	6 ₃₂

Fig. 6: F. up 3₃₃, B6: 3₃₄; R4: 3₃₅; R4: 4₃₆; B6: 6₃₇; B6: 2₃₈; R5: 4₃₉; R5: 1₄₀; C5: 6₄₁; R8: [278]; [78] in C2: 2₄₂; C1: 2₄₃; B1: 7₄₄; B1: 4₄₅.

After the 45th solution 445 in B1, it is clear that the Sudoku is solved easily until the final 61st solution.

Note: Owing to the Movement Control Order (MCO) imposed by the Government to combat the spread of COVID-19, entries, if any, submitted for the March-April 2020 Sudoku Challenge will be evaluated and announced in the next issue.

To extract optimal benefit from playing Sudoku, we should treat every effort to solve a Sudoku as a challenge to improve our critical and creative thinking literacy and our problem solving literacy by applying what we learn in Sudoku solving to improve our performance in our vocation and personal development. Play Sudoku smartly to also stay healthy.

SOLUTION									
359	814	672							
861	792	354							
247	635	891							
912	356	748							
586	471	923							
473	928	165							
695	143	287							
128	567	439							
734	289	516							

Prize and Recognition:

Only **fully solved** entries with quality logical reasoning will receive a food voucher worth RM75/- each valid at any food outlet of the Club valid for a period of 3 months. Lower quality winning entries will however receive a RM50/- voucher. In addition, consolation winners will receive a food voucher of RM20/- each as consolation prizes.

Submission of Entries:

Do submit your entry by hand/by post to reach the Library by **3 weeks** after release of Newsletter.

Name of Member: (Mr/Ms/Mrs/En/Ck/Puan/Dr/Dato' etc) _____

Membership No: _____ Tel/HP/Email: _____ (Please state "spouse", if app.)

(wef March/April 2018, only 1 membership no. is eligible for a prize.)

Instructions:

- Fill in **ALL** the blank cells in the Sudoku with digits from 1 to 9 so that **each** row, column and block contains the digits from 1 to 9 without repeating any, i.e. provide a **FULL** solution.
- Also, mark-in the "locked set (LS) of candidates" (in small digits in the grid) that enables a soln.
- Record and submit your sequence of results in A4 paper preferably up to the final solution. Do **show clearly the strategic LS in your results/grid**.
- The decision of the judges is final.

Criteria for Winning Entries: Quality of approach and methods: simplest solutions used; evidence of systematic approach; mark in *locked sets* in R/C/B that enable follow-up up solutions in the grid to be deduced and show them in your working; identify R/C/B analysed in your report.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1				4		7			8
R2			8			2		6	
R3		2				9			
R4	1					6	4	2	7
R5									
R6	6	4	9	7					1
R7				1				3	
R8		7		8			5		
R9	9			2		3			

Adapted from Star 2, 13/10/19 © by Nikoli Co. Ltd., Japan.

The club extends its condolences to the family and friends of the following members who are no longer with us.



Chin Fatt, member since 8 December 1978, passed away on 24 April 2016. RIP.



Eu Soo Leng, member since 31 December 1969, passed away on 29 February 2020. RIP.



YBhg Puan Sri Datin Harisun Daud, member since 22 August 1973, passed away on 16 January 2020. Al-Fatihah.



Eu Peng Meng @ Leslie Eu, member since 23 August 1977, passed away on 2 March 2020. RIP.



Koh Lam Seng, member since 6 May 1992, passed away on 27 January 2020. RIP.



Vinayak P. Pradhan, member since 14 November 1988, passed away on 8 March 2020. RIP.



Retnakumar Ramasamy, member since 16 August 2002, passed away on 10 February 2020. RIP.



YBhg Dato' Haji Abdul Rahman Yeop, member since 10 April 1995, passed away on 24 March 2020. Al-Fatihah.



David Park, member since 26 March 1973, passed away on 19 February 2020. RIP.



Yang Arif Justice K C Vohrah, member since 15 August 1978, passed away on 12 April 2020. RIP.



YBhg Dato' Dr Mir Shahariman Mir Shaharuddin, member since 19 June 1974, passed away on 20 February 2020. Al-Fatihah.

05
20

* The publication of these announcements are based on notifications within the last two months.



PERSIAN

collections

FINE CARPET GALLERY

SINCE 1995



THOUSAND'S OF AUTHENTIC PERSIAN CARPETS

Sell • Trade • Wash • Restore New & Antique Carpets

visit our showrooms at

Persian Collections (Classic Design)

Lot S2A, 2nd Floor, Bangsar Shopping Centre
59000 Kuala Lumpur

☎ 03-2094 6966

Business Hours: 10.00am – 9.00pm

Gabbeh (Modern Design)

Lot S12, 2nd Floor, Bangsar Shopping Centre
59000 Kuala Lumpur

☎ 03-2095 8966

Toll free **1 800 CARPET**
(227738)



persian_collections

enquiry@persiancollections.com

www.persiancollections.com