

# *Kelab Taman Perdana Di Raja*

ROYAL LAKE CLUB, KUALA LUMPUR

FOUNDED 1890

JULY/AUGUST 2021



## FEATURE

Little-known facts about  
Tun Tan Siew Sin 10

## ARTICLE

Feeling down and in need  
of emotional support? 14  
Just call....the Befrienders

## TRAVEL

Cuti Cuti Malaysia 24  
-Appreciating Orang Asli  
values on respecting nature



HAPPY

131<sup>st</sup>  
• ANNIVERSARY •

*Royal Lake Club*  
*16 August 2021*

## ROYAL PATRONS

DYMM Tuanku Syed Sirajuddin Ibni Al-Marhum  
Tuanku Syed Putra Jamallulail, Raja Perlis

DYMM Al-Wathiqu Billah Tuanku Mizan Zainal  
Abidin Ibni AL-Marhum Sultan Mahmud Al-Mukhtaf  
Billah Shah, Sultan Terengganu

DYMM Sultan Sharafuddin Idris Shah Ibni  
Al-Marhum Sultan Salahuddin Abdul Aziz  
Shah Alhaj, Sultan Selangor Darul Ehsan

DYMM Tuanku Muhriz Ibni Al-Marhum Tuanku  
Munawir, Yang di-Pertuan Besar Negeri  
Sembilan

DYMM Paduka Sri Sultan Perak Darul Ridzuan  
Sultan Nazrin Muizzuddin Shah Ibni  
Almarhum Sultan Azlan Shah Muhibbuddin  
Shah Al-Maghfur-la

## PATRONS

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Tun Abdullah Haji Ahmad Badawi  
Dato' Sri Mohd Najib Tun Abdul Razak

## GENERAL COMMITTEE

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### VICE PRESIDENT

Foong Khee Seng, Bernard

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Lee Heng Cho, Ivan  
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Tan Chin Poh, Elizabeth  
Udharam Mohandas

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Jeyaratnam Velupillai  
Lian Godfrey  
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## MARTIAL ARTS

### AIKIDO

Sundays : 4:30pm - 5:30pm  
Aerobics Room  
Children <12 : RM100, Adult: RM150  
012-213 1829

### QI GONG

Wednesdays : 7:00pm - 8:30pm  
Poolside Gazebo  
RM70 per month (Once a week)  
012-398 9443, 017-575 2952

### TAI CHI

Mondays & Wednesdays : 5:45pm - 8:45pm  
Multipurpose Hall,  
Thursdays : 7:45pm - 9:15pm  
Aerobics Room  
RM80 per month  
016-278 8232

### TAE KWON DO

Wednesdays : 7:30pm - 8:30pm  
Blue to Black Belt  
Recreational Hall  
Various times (Belt specific),  
Saturdays : 2:30pm - 4:30pm  
Sundays : 9:00am - 1:00pm  
Multipurpose Hall  
RM55 to RM95  
017-873 7778

### NEW SUN WUSHU

Tuesdays : 6:45am - 8:30am  
Fridays : 6:45am - 8:30am  
Multipurpose Hall  
RM80 (4 sessions per month)  
or RM160 (8 Sessions per month)  
013-362 4348

## CHESS

### CHESS BY MOK TZE MENG

Sundays :  
Advanced Class : 2:30pm - 4:00pm  
Beginners Class : 3:00pm - 4:00pm  
RM120 Advanced, RM100 Beginners,  
Function Room 1  
016-223 3536

## FITNESS & GYM

### STRETCHING & BODY WEIGHT EXERCISE

Mondays & Fridays: 7:30am,  
Tuesdays & Saturdays: 8:00am,  
Thursdays: 7:00am / 9:30am  
Aerobics Room  
RM60 per month (Once a week)  
RM100 per month (Twice a week)  
016-668 7049

### BOLLYWOOD FITNESS

By Sonia Shah  
Sundays: 3:30pm - 4:30pm  
Recreation Hall  
RM60 per month (Once a week)  
012-430 0085

### PILATES

Tuesdays: 6:30pm - 7:30pm  
Wednesdays: 10:00am - 11:00am  
Fridays: 10:00am - 11:00am  
Aerobics Room  
RM430 (for 3 months)  
017-878 8559

### ZUMBA

Wednesdays & Fridays : 6:30pm - 7:30pm  
Aerobics Room  
RM80 per month (Once a week)  
017-3656685

### AEROBIC

Mondays : 6:30pm - 7:30pm  
Aerobics Room  
RM80 per month (Once a week)  
017-3656685

### BELLYDANCE

Saturdays : 11:30am -12:30pm  
Aerobics Room  
RM80 per month (Once a week)  
017-3656685

### YOGA

By Divine Life Society  
Tuesdays : 6:15pm - 7:15pm  
Saturdays : 8:45am - 10:00am  
Recreational Hall  
RM140 for 3 months payable in advance  
012-2787409, 012-202 3592

By Aman Merican  
Tuesdays : 10:30am - 11:30am  
Fridays : 11:00am - 12:00pm  
Recreational Hall  
RM60 per month (Once a week)  
RM120 per month (Twice a week)  
RM180 per month (Thrice a week)  
011-1140 3436

By Lau Wai Fong  
Wednesday : 7:30am - 8:30am  
RM60 per month (Once a week)  
Recreation Hall  
016-656 8905

### DANCESPORT/BALLROOM CLASSES/ BOLLYWOOD DANCE FITNESS

Eric Tan (012-3212083)  
Tuesdays : 7:30pm - 10:30pm  
Wednesdays : 8:30pm - 9:30pm  
Aerobics Room  
RM65 per month (Once a week)

Luisa Lau (019-2204678)  
Mondays : 10:00am-11:00am,  
7:30pm-10:00pm, Aerobics Room  
RM65 per month (Once a week)

William Lor (7:30pm-8:30pm)  
Luisa Lau (8:30am-9:30pm, 9:30pm-10:30pm)  
Tuesdays, Recreation Hall  
RM90 per month (Once a week)

Luisa Lau (019-2204678)  
Thursdays :  
6:30pm-7:30pm (Line Dancing)  
7:30pm-8:30pm (Latin/Ballroom)  
8:30pm-9:30pm (Beginner)  
Recreation Hall  
RM65 per month (Once a week)

## ART

### CHINESE BRUSH PAINTING

Thursdays: 10:00am - 4:00pm  
Fridays: 10:00am - 4:00pm  
Recreation Hall  
RM145 per month  
Tel : 03-7781 0699 / 017-881 4344

### CHINESE CALLIGRAPHY

Thursdays: 10:00am - 5:30pm  
Recreation Hall  
RM130 per month  
03-4022 2860 / 012-979 2005

## COMPETITIVE SPORTS

### BADMINTON

Yap Yee Hup (019-275 8479)  
Mondays to Fridays: 7:00am - 4:00pm

Cheng Sai Kit  
Fridays: 4:00pm - 11:00pm  
Saturdays: 7:00am - 1:00pm  
Saturdays: 6:00pm - 11:00pm  
Sundays: 7:00am - 9:00am  
016-421 5639

### TENNIS

Clement Chan (013-330 5812)  
Saturdays : 8:00am - 11:00am  
3:00pm - 7:00pm  
Sundays : 8:00am - 11:00am  
3:00pm - 6:00pm

AMG Sports (Shahizan Hasnan - 012-383 0656)  
Mondays to Fridays : 7:00am - 10:00pm  
Saturdays/Sundays : 11:30am - 3:00pm,  
7:30pm - 10:00pm

### TABLE TENNIS

Chong Choi Thing (012-378 4883)  
Saturdays : 4:00pm - 5:30pm  
RM100 per month  
Table Tennis Hall

### SQUASH

Mary Lee (012-386 7378)  
Adult Class: Per session- 60 minutes  
One to one - RM90 per session  
Group of 2 - RM100 per session  
Group of 3 - RM150 per session

Children Class: Per session- 45 minutes  
One to one - RM68 per session  
Group of 2-4 - RM75 per session

Group Monthly Basis:  
Under 10 - RM110  
Above 10 - RM130

### COMPETITIVE SWIMMING

Vaageesan A/L Ganesan (012-275 5641)  
Thursdays, Fridays & Sundays  
7:00pm - 9:00pm  
4:00pm - 7:00pm  
RM150 per month  
Main Pool

### SWIMMING

Gan Kok Yee (012-200 8934)  
Mondays to Fridays: 3:00pm - 7:00pm  
Saturdays: 8:00am - 12:00nn  
2:00pm - 6:00pm  
Sundays: 8:30am - 11:30am  
RM65 to RM120 per month

Rajaandran (012-399 0702)  
Mondays to Fridays : 3:00pm - 7:00pm  
Saturdays : 8:00am - 12:00nn  
2:00pm - 6:00pm  
Sundays : 8:30am - 11:30am  
RM65 to RM120 per month

Vaageesan A/L Ganesan (012-275 5641)  
Mondays to Fridays : 9:00am - 12:00nn,  
4:00pm - 7:00pm  
Saturdays : 8:00am - 12:00nn  
Sundays : 8:30am - 12:00nn,  
2:00pm - 6:00pm  
RM65 to RM120 per month



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# Announcements

## EGM/AGM on 17 OCT 2021

**Date: 17 Oct 2021**  
**EGM at 9:00am**  
**AGM at 10:30am**

**Make a note in your calendar**

**Come and support our F&B Operators!**  
**Come and Takeaway RLC food!**

Outlet	Open	Close	Last Order
Pavilion	12:00nn	9:30pm	9:15pm
Garden Café	8:00am	8:00pm	7:30pm
Kedai Kopi Malaya	8:30am	4:30pm	4:15pm
Poolside Terrace Stalls 2, 3 & 3A (Closed on Mondays)	11:00am	7:00pm	6:30pm



Feature

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Travel

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**Are you interested to write articles for the newsletter?**  
**E-mail your name, handphone number, club number and area of interest to**  
[newsletter@royallakeclub.org.my](mailto:newsletter@royallakeclub.org.my)

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KDN PP8528/06/2013(032439)

## PRINTING

**Percetakan Sri Raya Sdn Bhd (109602-U)** No.82 & 83, KIP 9, Taman Perindustrian KIP Kepong, 52200 Kuala Lumpur.  
 Tel: 03 62770573, 62770823 | Fax: 03 62772863

## from the editor's desk

My dear Lake Club members, I am writing here because our beloved President is away in the United Kingdom attending to his health issues. We wish him well and godspeed him back to us soon.

The topic that cannot disappear and which is still on most everyone's minds is the current pandemic. We are presently still in Phase 1 of the National Recovery Plan although some states are in Phase 3. Yesterday Thursday August 5, saw a new high of 20,596 new cases. And we have been told to expect even bigger numbers next month. At this rate, we fervently hope that we will be able to conduct our AGM and EGM as scheduled on October 17.

The spread is no longer by clusters, it is now a community spread, so we all have to be so extra vigilant and keep safe. Be not be lulled into a false sense of security after getting your second dose of vaccination. Immediately after your second dose, your body's immunity is lower so it would be prudent to lie low for up to 3 months. Keep up with the masking, the washing of hands and social distancing. The net is drawing closer.

We at the Royal Lake Club are very sad that we had our first staff fatal Covid-19 case last month when Azlan Mat Sut from the Billiards Room passed on. See obituary on the last page. Our condolences to the family.

The status of the staff's vaccinations:

RLC Employees COVID-19 Vaccination Update					
*as of 5 August 2021					
	Employees	F&B Operators	Concessionaires	Coaches/Instructors	Contractors
Fully Vaccinated	50	13	11	14	17
1st Dose	66	20	2	9	26
Pending Appointment	6	-	-	6	4
Ineligible due to Medical Condition	-	1	2	-	1
Total	122	34	15	29	48
% Vaccinated	95%	97%	87%	79%	90%

Although the Club is generally closed, there are a few F & B outlets which are open for Takeaways. The Pavilion next to the tennis courts, Kedai Kopi Malaya at the Lobby and our Garden Café. At the Poolside, the 3 stalls that are open are the Noodles Stall, The Penang Fare stall and the Ikan Bakar stall. Members, please come and support these concessionaires who are in dire need of more customers.

In the Buttery, two non functioning dumb waiters have been replaced with new ones in July 2021. We are now awaiting approval from the authorities before we can operate them.

The installation of the new lifts in the Main Lobby was delayed because of the MCO due to the delay in the issuance of the MITI letter to the lift contractors. Work on the Bomba lift has started and should be completed by August. We decided to replace the passenger lifts one by one so that lift service to the basement will not be disrupted. Hopefully by the time MCO is lifted, and the club fully reopened, we will all be back to NEW LIFTS. That's something to look forward to!

**Elizabeth**

Editor

6 August 2021

## Doc's Musings

### *'Your girlfriend has gone home to the Lord'*

by Dr Samuel Ong Boon Leng  
24 July 2021

"Doctor Ong, your girlfriend has gone home to the Lord," stuttered GMH's daughter, in between sobs, over the telephone this morning.

"I know," I replied, with tears streaming down my cheeks, even as I tried hard to keep my voice from cracking.

Daughter: "You have a special place in her heart, you know. Whenever I bring her to the hospital for some other appointment and fail to bring her to see you, she will ask disappointingly, 'Why did you not bring me to see my boyfriend?'"

Doc: "I will miss her too. Your mother was a beautiful person. I always enjoyed her visits to my clinic, talking with her, having a laugh and teasing her."

Daughter: "Thank you for looking after her all these years."

Doc: "You are welcome. I can understand your grief now but don't despair, you will see her again on the Day of Resurrection."

Daughter: "Yes, Doctor Ong, we will all be re-united then. Praise God!"

Madam GMH, an octogenarian, was 84 when she passed on today from Covid-19. She was introduced to me many years ago by another long term patient of mine, WK. She had chronic wheezy lungs and a leaking heart valve, and I was looking after her together with a chest physician, Dr U. Now and then she would have exacerbations of her lung and heart problems, necessitating admissions to the hospital for antibiotics and bronchodilators, and a wee bit of intravenous diuretics. Despite her age, she was a tough cookie, and thankfully, we had always been able to get her out of her acute exacerbations and send her home to her family again.

About 9 days ago, she came to hospital with acute respiratory complaints, an abnormal chest x-ray and a positive PCR test for C-19. She was admitted under another chest physician as Dr U was on leave. She was then already severely ill, in category 4-5 of the illness.

Her daughter called me the next day to inform me and asked if I could see her mother as she would welcome a familiar face and voice. And I did. How could I not?

I attended to her in the ICU, in full PPE. She was on high flow supplemental oxygen then, but her vital signs were stable, and she was conscious and rational. We talked a little bit. It's hard to carry a "long" conversation with full PPE and a N95 mask and googles, and the patient with a full face O2 mask tight on the face. I reassured her that she was in good hands and we would do all we can to get her well again.

I explained to her that if she ever needed to speak with her family, just ask the attending ICU nurse, and she would facilitate a video call, anytime. She nodded her head and smiled. Then she reached out for my hand, held it, and said, "Thank you for coming to see me. 'Lu oo sim' (Hokkien) literally translated 'you got heart'." Those were her last words to me.

We knew she was high risk with her age and co-morbidities. Within a short time, she deteriorated further, developed liver and renal problems, and then needed to be intubated and mechanically ventilated to maintain her oxygen saturation. Unfortunately, despite the best efforts of her attending doctors, she succumbed to C-19 and multi-organ failure. This time, she went home ... but to her eternal Home, to her heavenly Father.

I have a number of girlfriends, and they are all octogenarians. Madam GMH was one of them. Even now, I can picture her in my clinic - in a wheelchair, with that winsome smile of hers, having a banter with me in Hokkien, her daughter and maid looking on, the latter not understanding the conversation and somewhat bemused.

Despite her disabilities, she never complained much, always quite positive in her outlook. And she would quip now and then, "Gua lau yau. Gua eh sai ki liao." (I am old already. I am ready to go.)

RIP Madam GMH. You are now safe in the arms of your Eternal BF, Lord and Saviour, Jesus Christ! Amen.

*Dr Samuel Ong Boon Leng is a Cardiologist with Sunway Medical Centre, sharing his experience with a patience daughter.*



# MEMBERSHIP CARD & CAR STICKER

# DESIGN

*Competition*  
**Show your creativity!**

The Club is inviting Members and their families as well as the Staff to submit entries for consideration in the Design Competition for a new look of the Membership Card and Car Sticker.

The theme of the new design may range from the most simplistic and visually pleasing to a modern take of the Club and clubbing norms. Do include your trademark. The winning designs will belong to the Club and be used for the next 5 years.

07  
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The current design of the current car sticker has been used since 2017 with changes to the background colour, from a lighter blue to the current dark blue. It incorporated the Club's logo and name, serial number as well as the validity year.

A blank space in the middle of the design provides for the separate printing of the membership number and vehicle registration number.



The design of the existing membership cards has been used for more than 10 years. It has the Club's logo as the watermark background, Club's logo and name. A space is provided for on the right side for the Club to print the member's photo. The name and membership number of the member is printed by the Club (in black) on the bottom left.



# MEMBERSHIP CARD & CAR STICKER DESIGN COMPETITION



Win a  
cash prize  
of  
**RM1000**  
each

**Show your creativity!**

1. Open to all members and their family members as well as staff of Royal Lake Club Kuala Lumpur.
2. The design of the car sticker shall be approximately 10cm x 10cm in size with a space for membership number and vehicle registration as well as a printed serial number.
3. The membership cards shall be 8.5cm x 5.4cm in size with a space for member's photo. The name and membership number of the member is printed by the Club (in black) on the bottom left.
4. The competition will commence on 1 August 2021. Deadline for submission of designs is 31 August 2021.
5. Design submissions can be made via online ( email to [secretary@royallakeclub.org.my](mailto:secretary@royallakeclub.org.my) ) or hardcopy (drop in a Box at the Reception).
6. Designs will be shortlisted by a Selection Committee. Shortlisted designs will be presented with consolation prizes – Club umbrella, organiser and 125 Anniversary Yearbook.
7. Top 10 designs of the car sticker and membership card will be displayed at the Notice Board (along the walkway towards Buttery and Batek Bar, and the Club's website) for two (2) weeks for the general membership to view and recommend the winning design.
8. The Club will only accept recommendations from the member and spouse. Each person is allowed one submission of recommendation.
9. Members may submit their recommendations of the winning design(s) via a Recommendation Form, available at the Reception. The Form can also be downloaded from the Club's website.
10. The Recommendation Form may be dropped off in the Box provided at the Reception or emailed to [secretary@royallakeclub.org.my](mailto:secretary@royallakeclub.org.my).
11. The final selection of the winning designs will be decided by the General Committee.
12. Stand to win a cash prize of RM1,000 for each of the winning designs (one for car stickers and another for membership cards).
13. The winners will be invited to accept their prizes at a simple ceremony – photo-taking will be carried out for publication in the Club's Newsletter.

**DEADLINE:**  
**31 AUG 2021**



## TO THE STAFF OF ROYAL LAKE CLUB, A VERY BIG THANK YOU!!!

from the General Committee and Club members.

It is so human to tend to forget those that are closest to us. Like ageing parents who pine for the child that is abroad, the child who hardly calls once a month, the child who they remember as so good, so kind and so loving. Yet in the same breath, they are hardly aware of the unmarried daughter that lives with them. The child that cleans, washes, cooks and feed them daily. She has been taken for granted.

Likewise, let us not forget the Royal Lake Club staff, they are in the club with us everyday helping us to run our club of 9000+ members. Headed by our able General Manager, Datuk Shamsul Kamar Ahmad together with 7 Heads of Department, 27 executives, 83 union staff and 10 Security personnel, they run the day to day activities of the club, taking care of things we take for granted.

The club does not allow members to tip the staff. In lieu of tipping, since donkey's years ago, the Club has practiced collecting RM50 from each member annually. This was done by sending a statement to every member to that effect in September, and if there is no objection, then RM50 will be

deducted from the member and collected in October. Some members even offer to pay more than RM50. Of course there will be the few who will object. From this exercise, we collect about RM400k of which RM80k goes towards the Staff Welfare Fund which funds their annual Staff Family Day. The balance of RM320k will go to the Staff Fund, which will then be distributed amongst the staff as a year end bonus.

However due to the Covid Pandemic, there was no Staff Family Day in 2020 and we did not collect RM50 each from our members. Meaning that the staff did not get a year end bonus in 2020, something that is looked forward to to pay for new school uniforms and books for the following year. We acknowledge that this is in a way a hardship. But we are glad that we did not have to let any staff go during these Covid times.

We wish to thank each and every member of the staff of Royal Lake Club for your hard work, diligence and loyalty. Hopefully (Insyah-Allah) MCO/CMCO/RMCO SOPs will allow your Family Day to be held next year.



### HOW LONG HAVE WE BEEN AT HOME?

All dates are based off the lockdowns in KL

MCO	18.03.2020 - 03.05.2020	47 days
CMCO	04.05.2020 - 09.06.2020	37 days
RMCO	10.06.2020 - 13.10.2020	126 days
CMCO	14.10.2020 - 12.01.2021	91 days
MCO 2.0	13.01.2021 - 04.03.2021	51 days
CMCO 2.0	05.03.2021 - 06.05.2021	63 days
MCO 3.0	07.03.2021 - 31.05.2021	25 days
FMCO	01.06.2021 - 28.06.2021	28 days
NATIONAL RECOVERY PLAN - PHASE 1	29.06.2021 - now	

### NEW VARIANT NAMES

Covid-19 variants are known by letters of the Greek alphabet to avoid stigmatising nations where they were first detected, according to the World Health Organization.

#### variants of concern

α Alpha (Britain)

β Beta (South Africa)

γ Gamma (Brazil)

δ Delta (India)

#### variants of interest

η Eta (Multiple countries)

ι Iota (US)

λ Lambda (Peru)

κ Kappa (India)

\*Lineage names such B.1.61/2 will still continue to be used in scientific circles, for the mutation information that their name conveys



## Raya in the time of Covid : Part 2

(refer Part 1 in the July/August 2020 newsletter, page 11)

By Lizuryaty Azrina Abdullah

Raya this year came and went quickly for me. During the month of fasting, many decisions were made and unmade by the government leading to a lot of confusion but finally it was decided there would be no 'ziarah-menziarahi'. This was stricter than the SOP in 2020 when you could visit your relatives but limited to 20 people per house (or was it 15 or 10? Honestly, it feels like many confusing eons ago).

Anyways, back to 2021. The preparation for Raya was just like any other day - the difference being that rendang, leman and ketupat were served for brunch and Raya prayers were conducted in the house, not with our usual Raya crowd in the neighbourhood mosque. Raya wishes were made via various platforms - Skype, Whatsapp, Face Time - you name it, we did it! Calls came from friends and relatives far and wide - the UK, Australia, US and Thailand, with everyone looking resplendent in their Baju Raya. Most wore recycled Baju Raya from previous years which made some of them happy because they could still fit into them, and a plus point for protecting the planet!

There were not many creative ideas this year compared to some from last year, like the *leman* in a cup invention. It was more subdued and sadly, too many positive Covid 19 cases and related deaths. This time last year, the numbers were still manageable, there was some light at the end of the tunnel and we looked forward to watching the Director-General of Health informing us that things were in control. What a difference a year has made. Many businesses have closed or on the verge of bankruptcy. More were suffering from mental health issues and our frontliners had to cope with treating a surge of patients. With all these, what is there to celebrate? Lots!



Photo credited to Astro Awani

Many who were living with their parents/siblings could celebrate under one roof instead of worrying about how their elderly parents were celebrating Raya away in another state due to travel restrictions, many had good health to celebrate Raya unlike some of my friends who lost their relatives before Raya due to Covid-19, many had the luxury of being at home for Raya unlike our dedicated frontliners who were on call 24/7, many had good internet connections to 'see' our relatives online and wished them *Selamat Hari Raya* unlike those who do not have internet access or cannot afford to pay for the access, and many had food on the table unlike those who were struggling to make ends meet and relying on the kindness of others to ensure their children are able to celebrate Raya.

Mainly we had peace in the country without worrying if a missile or bomb was going to land on our roofs and destroy our neighbourhoods. Not a cheerful article on Raya but certainly a lot to celebrate despite everything that is going on and a lesson to not to take life's blessings, no matter what size or form, for granted. A late *Selamat Hari Raya* wish to everyone and here's to a 'normal' Raya in 2022.

*\*For those needing assistance with mental health, please call Befrienders at 03-76272929 (24 hours). It is a multi-racial, non-religious and is available to everyone, regardless of race, religion, age, gender or sexual orientation. The volunteers are trained and each conversation is treated as strictly confidential. You may remain completely anonymous. Once your call is answered, a caring and trained person will listen to you, ask questions to generally understand how you feel, give you the time to share your dilemma and support you if you feel lost about how to cope.*

(Please refer to Befrienders article page 14)



Photo credited to Penangkini

# Little-known facts about Tun Tan Siew Sin

by Datin Paduka Tan Siok Choo



*Top: Tun Tan Cheng Lock with his three daughters, Lily Tan Kim Tin (left), Alice Tan Kim Yoke (second left), Agnes Tan Kim Lwi (right) and son, Tan Siew Sin in the family's beach house in Klebang Besar, Malacca.*

*Left: Tun Tan Siew Sin relaxing in his office in Sime Darby Bhd.*

Articles about my father, the late Tun Tan Siew Sin, invariably focus on one fact—he was (and still is) Malaysia's longest serving Finance Minister. With a short-break when the Malaysian Chinese Association (MCA) pulled out of the government after the 11th May 1969 General Elections, he headed the Malaysian Treasury from 1959 to April 1974—close to 15 years.

## Five little-known facts about my father

- He studied in a girls' school in Malacca;
- He was a double college drop-out;
- He had only one lung;
- He disparaged the study of economics and
- He couldn't eat any food, especially bland European food, without chilies.



Two other nuggets of information are sometimes cited. Siew Sin was the only son of Tun Tan Cheng Lock, the founder and first president of MCA. Father and son were Peranakans whose forbears had been domiciled in Malacca since the 1770s.

My father first studied at the Suydam Girls School in Malacca which later became the Methodist Girls School. Cheng Lock sent his only son to Suydam because he feared Siew Sin would be led astray by older pupils in a boys' school. Siew Sin remained at Suydam for a few years before he was transferred to the Malacca High School.

In 1934, my father enrolled at Raffles College in Singapore. The next year, he left Raffles College to accompany his parents to Davos in Switzerland. His mother had tuberculosis (TB) while Siew Sin was suspected to have a lung infection. In the 1930s, Davos' cool, unpolluted mountain air was believed to be beneficial for those suffering from respiratory illnesses.

After three years in Davos, Toh Puan Yeo Yeok Neo regained her health.

My father was less fortunate. A Swiss doctor in Davos misdiagnosed Siew Sin as suffering from TB and suggested a radical cure—collapsing one lung to kill the bacteria before re-inflating the lung again.

Cheng Lock challenged the doctor's diagnosis.

"How can you suffer from TB when you have no symptoms?" Cheng Lock asked. He advised his son to reject the Swiss doctor's prescribed treatment. As a physically-active person, my father didn't want to risk becoming an invalid and allowed one lung to be collapsed. Although his lung couldn't be re-inflated, my father appeared to be in good health.

In 1938, my father left Davos for London to study law at Middle Temple. Later, his parents and sisters joined him in London. My father passed his first year law examinations with high marks.

Reading English newspapers about German Chancellor Hitler's aggressive European policy in 1938 and 1939 made Cheng Lock uneasy. Originally, Cheng Lock and his wife Yeok Neo planned to return to Malacca while his son and two younger daughters remained in London to continue their studies. Worried about being separated from his three children by 10,660 kilometres if a European war broke out, Cheng Lock decided the whole family should return to Malacca.

Cheng Lock was prescient. Sailing on the French passenger liner "President Doumer," the Tan family arrived in Malacca in July 1939. Less than three months later, on 1 September,

## Queen Elizabeth and Prince Philip

When Queen Elizabeth and Prince Philip first visited Malaysia on 8 March 1972, then Prime Minister Tun Razak introduced my parents to the royal couple.

Queen Elizabeth to my father: We visited Malacca, your home state, today.

Prince Philip to my mother: But it is not your home state.

My parents found the royals' detailed knowledge impressive.

Arriving on the royal yacht Britannia at Port Swettenham, the British royals' visit began with a hiccup.

After the then King Tuanku Abdul Halim and Queen Tuanku Bahiyah arrived at the docks, the military band played a few tunes. Queen Elizabeth didn't appear. More music was played, followed by another wait before Queen Elizabeth disembarked.

That night, my mother asked the Malaysian officials—who had boarded the royal yacht to receive the British royal couple—what caused the delay in disembarking.

Prince Philip lost his gloves, they said. After replacement gloves were brought to Prince Philip—and forgetting Malaysian officials were on board—a furious Queen Elizabeth snapped at Prince Philip:

"You can't keep royalty waiting like this!" she said.

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Hitler attacked Poland on land and by air. On 3 September 1939, Poland's allies—Britain and France—declared war on Germany, marking the onset of World War II.

In Malacca, Siew Sin decided to start work in a rubber plantation rather than resume studying at a university. This meant my father never obtained an university degree.

In April 1973, he attended the Commonwealth Finance Ministers' meeting in Dar-Es-Salaam, Tanzania and the combined World Bank-IMF meeting in Nairobi, Kenya. After these meetings, my father, together with my mother, my older sister Siok Eng and I, went on two safaris in Kenya, each lasting one week—first a sightseeing followed by a hunting safari.

In December 1973, Siew Sin became very ill. He coughed very badly and the usual cough mixture didn't help. Against his doctors' advice, he insisted on flying to London for an immediate lung operation even though it was winter. On his departure on February 1974, the entire Cabinet came to the airport to see him off. My father suspected his fellow Cabinet Ministers didn't believe he would return alive from London.

On the eve of his departure, Opposition leader Tan Sri Dr Tan Chee Khoon came to see my father at home. He spent one hour quizzing my father on his illness. An excellent medical doctor, Chee Khoon diagnosed that during the Kenyan safaris, my father had inhaled the fine sand that now irritated his lungs.

During the-seven hour operation at Royal Brompton Hospital in London, the surgeon discovered my father's collapsed lung had calcified; the lung was removed and sent for dissection.

After the dissection, the British doctors told my father his calcified lung showed no sign of TB. This indicated he had never suffered from TB and had lost his lung needlessly. My father told me he regretted not listening to Cheng Lock's wise advice.

Under my father, the Finance Ministry was staffed by several top-notch graduates who studied economics in Oxford, Cambridge and Harvard universities. Treasury staff with a background in economics included Tan Sri Raja Mohar, Tan Sri Rama Iyer, Dato Malek Merican and Dato Dr Shanmuhalingam.

"I don't mind your studying economics so long as you forget what you have learnt when you work in this Ministry," Siew Sin told his staff.

His distrust stemmed from his belief that economic theory was too theoretical to resolve practical problems in everyday life.

## Emperor Haile Selassie of Ethiopia

Emperor Haile Selassie visited Malaysia from 21 to 24 May 1968. The then Prime Minister Tunku Abdul Rahman introduced my parents to the Emperor.

Knowing the Emperor was a devout Christian and keen to highlight Malaysia's multi-racial and multi-religious harmony, Tunku informed Haile Selassie my father was a Buddhist but my mother was a Christian.

Emperor Haile Selassie: Maybe she will convert him to Christianity.

Tunku Abdul Rahman: That's not likely. He won't listen to me and I am his Prime Minister, he isn't likely to listen to his wife.

Tunku told the Emperor that when my father applied for leave to go on holiday in Europe, he asked Tunku who would take over the Finance Ministry in his absence.

Tunku: Don't worry, I'll take over the Finance Ministry.

Siew Sin: "No way! I'm not going on leave."

Tunku (ruffled at this implied insult but keen to allow his Finance Minister go on holiday): All right, Tun Razak will take over the Finance Ministry.

An absolute monarch, Haile Selassie wondered why Tunku allowed such insubordination.

He believed knowledge of business was more helpful in running the Finance Ministry. The best way the government could grow the economy was to provide the infrastructure and then get out of the way of businesses. One of his favourite mantras was: The government has no business going into business.

As a Peranakan, my father insisted on eating chillies with every meal, even with Western food. He once outraged the chef at the Ritz Hotel in London by ordering chillies to eat with his steak. When he travelled overseas, an official was deputed to carry a bottle of chilies and ensure it didn't break throughout the journey.

Apart from his fondness for chillies and Peranakan cuisine, my father also liked eating in Lake Club which was near our house. My mother loved the chicken Maryland while my father opted for Chicken a la Kiev at the Orchid Room in the Lake Club. This restaurant was quiet and prices were reasonable—a major consideration for my father.

He was happiest, however, with Peranakan food. His favourite dish was babi sambal chilli.

My mother, a thoroughbred Hokkien from Singapore, was totally unfamiliar with Peranakan cuisine. Realising Siew Sin's fondness for Peranakan food, his mother devised an excellent solution.

My grandmother hired a man in his 30s and trained him to cook Peranakan food. When she was satisfied he had attained the required level of culinary skill, she handed this fully-fledged cook to my newly-married parents.

For more than 40 years, my mother didn't worry about my father's meals. Trouble began when this cook reached 70 and refused to teach my mother what he had learnt from my grandmother.

Whenever my mother went to the kitchen to observe how he cooked the day's Peranakan meals, he never prepared a dish the same way.

Unfortunately, I didn't realise my grandmother was a superb cook. She passed away without passing on her exceptional culinary expertise to her daughters and her granddaughters.

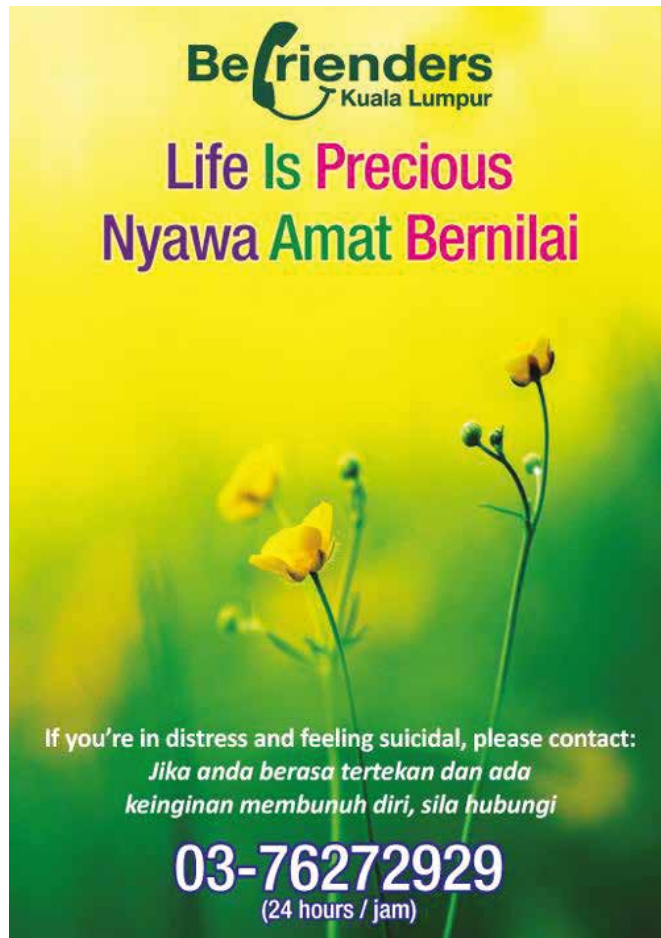


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A family photograph of Tun Tan Siew Sin with Toh Puan Lim Cheng Neo and (left to right), Siok Choo, Siok Eng and Siok Lee.

# Feeling down and in need of emotional support? Just call....the Befrienders.

By Janet



People often ask me how I came to join the Befrienders. I always tell them I had a call from the other side. They'd laugh and I'd laugh along with them.

But it may well be true, you know. I still remember it clearly. It was the year 1999. The phone had rung at 5am. I was going through a rough patch in life and had lain awake the whole night, tossing and turning, and had just checked the alarm clock.

"Who's this?" I had asked in hushed tones so as not to waken the kids in the next room.

"Oh, please help me," cried the voice at the other end of the line. "I don't know what to do. There's so much blood and he's dying. Oh God, he's dying and I don't know what to do."

"But who are you, what's happened?" I had been quite calm, thinking it was a wrong number.

"We've had an accident," she had sobbed. "My boyfriend's dying. He gave me this number and said to call you. I don't know what to do... please help me."

"I am sorry, I can't help you," I had said. "You have to call for an ambulance. I am going to hang up now. Please call for the ambulance and the police NOW."

Later in the day, I had freaked out. Why had my phone rung in the wee hours of the morning? It had not been my imagination; the phone had rung (my husband could testify to that) and the caller had cited my number correctly. But I knew neither her nor her boyfriend.

The only explanation I could think of was that somehow, in my own desperation, I had connected with another grief-stricken soul. That, or I was going nuts. The thought chilled me. That was when I decided I needed help. I remember searching listlessly through the papers, wondering whom to call, when I saw the *Befrienders'* helpline. I reached for the phone...Fast forward 20 years...

I have long overcome my personal crisis. Grateful to the voice that had soothed me when I was in the depths of despair, I have become a *Befriender* myself.

But it is not just a matter of "pay back". I had always wanted to do social work, but the timing had not been right. I have been a *Befriender* for more than 20 years now.

Once a week, I do a four-hour duty slot, manning one of the two helplines. Being a *Befriender* resonates with something deep within me. The satisfaction I get is immense. I do not think of befriending as me imbibing negative vibes from the distressed. On the contrary, I think of befriending as me radiating positive healing energy to others. Why this article ...

In the last issue of our Club's newsletter, there was a write up about the late Dr David Muthu, who co-founded *Befrienders* Malaysia in 1970. This prompted me to think that perhaps it is time to follow up with an article on the *Befrienders* too – what it actually does and what happens when someone calls in.

After all, we are living in uncertain times now due to the pandemic – perchance we are feeling down or know of somebody slowly sliding into a depressive mode. What you first need to understand is that *Befrienders* is NOT a counselling service. It is a non-profit organisation that provides emotional support to the distressed, and it focuses on providing a listening ear to those feeling depressed or suicidal.

Is that all, you may ask. Yes, essentially, that is so. But before you brush us aside, let me stress again how liberating it can be, to be able to give voice to your darkest thoughts and share your deepest fears without worry about being judged. Some of you may have already experienced this... how it is easier to share things with a stranger who will not "tell on you" rather than with someone whom you know and who knows you. Think of *Befrienders* as a safe place where you can simply be YOU.

The service is free for subscribers of the eight main telcos (see diagram). Currently, *Befrienders* KL has about 125 members who man the helplines 24/7. This means help is available, 24 hours a day, 7 days a week.



"Do people ever call in?" is another popular question. The answer is a resounding "yes".

In 2019, we received 36,154 contacts, i.e., an average of 99 contacts per day. And in 2020, we received 40,509 contacts, which is about 111 contacts a day. That is an increase of 12% in contacts received. Clearly, the pandemic has taken a toll on people. What do callers call about?

Well, topping the list last year was mental health (a whole kaleidoscope covering depression, mood swings, PTSD, bipolar, schizophrenia, etc). Next were relationship problems and family issues. Lately, there have been a steep increase in Covid-related calls – loss of jobs, finances, sense of isolation due to the lockdown.

"I have let my family down..."

"I feel so useless and helpless..."

"I want to work, any kind of work. Please help me..."

I recently had a call where the spouse was pounding on the bedroom door as the caller wept on the phone, fearing for her life.

There was also a caller who was about to be extradited to his home country for execution. I could only listen to him. It drained me emotionally, but I hope I brought him some relief as he struggled for validation.

Lately, there has been an increasing number of callers grappling with isolation, which does strange things to us. Not being able to see, touch or hug loved ones can make us feel bereft. Having to study online, without peer and expert guidance, can be daunting. Working from home can be devastating to those who crave fellowship with colleagues. Isolation can exacerbate depression and chip away at one's sense of self-worth to the point where suicide seems to be the only way out.

Do you think that people who commit suicide just kill themselves out of the blue? Well, that does happen (especially if there is a triggering factor) but, more often than not, people who commit suicide think a lot about dying before they actually carry out the deed. They may send out silent pleas for help, or even engage in self harm. The tragedy is whether they are "heard" or not before they actually end their lives. Their wish to die is only 50:50. Most times, what they really want to end is their pain, not their lives.

Which is where *Befrienders* come in. If people who are in deep emotional pain can be heard by someone who cares, they can, perhaps, be made to realise that suicide is not the only way out. What *Befrienders* does is to listen to these people who feel trapped by extraneous circumstances; we try to diffuse the situation by just being there. At times, this means we act as punching bags for people who rant and rave, curse and swear... After all, callers need to get their pain and frustration out.

One thing is for sure. In these pandemic times, suicide rates are at an all-time high. In 2020 alone, suicides in Singapore reached an eight- year high, with elderly suicides (aged 60 and above) at its highest since 1991.

In Malaysia, there was an average of FOUR suicide cases reported every day for the first three months of 2021, which is more than half what was recorded throughout 2020. The figures show 631 suicide cases in 2020, an increase from the 609 recorded in 2019.



Clearly, there are new sources of stress tearing us apart. So, the next time you get annoyed with that arrogant, obnoxious fellow in your chat group, do try to be kind... for that same person may be grappling with a mood disorder. Mood disorders now rank among the top 10 causes of disability worldwide, with major depressive disorder topping the list.

Do not be afraid to seek help if you feel depressed. Know that depression is not a sign that you are weak. On the contrary, it is a sign that you are human, and in need of a touch of humanity from someone who cares.

For those who have loved ones going through a depression, learn to recognise the danger signs and seek help for them. You can be a "third party caller" seeking assistance on their behalf. If we are not able to help you, we will at least try to direct you to professionals who can.

At *Befrienders*, all calls are strictly private and confidential. You need not tell us your name; we will not press you to reveal your identity. *Befrienders* use a "Sam" name too- don't ask them their real identities.

Rest assured that *Befrienders* will not try to trace you or call you back. Of course, if you wish to speak to the same *Befriender* again, you might need to call back at the same time of day slot as when you first spoke to that *Befriender* and request for him/her by the Sam name. I guess the key points of this article is to drive home the following facts:

- Mental health is not "in the mind". It is a very real problem;
- It is not a sign of weakness if you feel depressed;
- There is NO stigma to seeking help;
- Whatever it is you are struggling with, you need not struggle alone;
- Sometimes, all it needs to get out of that dark place is to talk to someone.

So, if ever you feel down and in need of emotional support, just reach for that phone and call us. With *Befrienders* around, no one need ever feel bereft or emotionally alone. Isn't it wonderful that help is, truly, just a phone call away?

*The writer is happy to be participating in the work initiated by the late Dr David Muthu. Should any RLC member or anyone you know need emotional support, please call 03-76272929. Due to the pandemic, Befriender KL's face-to-face and emailing services are temporarily put on hold.*

# Updating your Will...

By K Karunamoorthy

A close friend of mine called me out of the blues recently to say that she was going for her first vaccine shot in two days and wanted my advice on updating her Will. She sounded exasperated as she had heard about the several conflicting dangers of the vaccines and wanted to do the needful so that her family would not feel that she was irresponsible with regard to her financial matters.

This caused me to pause and reflect on the fact that in our current circumstances, where most of us are staying at home, it indeed is the perfect time to "take stock" of our financial matters and get our affairs in order. This phrase "get your affairs in order", is the classic line use when your physician attempts to gently tell you that you do not have much time left in this world.

Be that as it may, now that most of us have time on our hands, it would be wise to review our financial situation, get the appropriate advice, and update our Will to ensure that all relevant matters are properly dealt with. Almost everyone is aware of the advantages of having a Will and therefore that is not the object of this article. That being said, specific advice may be necessary for some of the common assets that most people own.

Let us deal with some of the more common assets and take a look at exactly what they entail.

## Immoveable Assets

These would include all types of buildings as well as plots of vacant land.

Let us look at a few different scenarios that reflect the usual intentions of the testator (the person writing the Will) who is the owner of a building:

- i. If it is intended to be given to one person of mature age e.g. a spouse or child, it is straightforward matter and no special arrangements need to be made.
- ii. If it is intended to be given to children who are minors at the time the Will is written, it should be declared as "to be held in trust" for their benefit.
- iii. If it is to be gifted to several children of mature age, it may not be advisable to be given as outright gifts. An example is a case whereby a father would want to gift the family home to his 5 adult children in equal shares. The consequent effect of this is that all 5 of them would eventually have ownership rights of the building.

Any decisions that need to be made in dealing with the property in question would require the unanimous consent of all of them. If there was an offer to purchase the building, but 1 of the 5 children is disagreeable to such a sale, then it would not be possible to effect the sale.

To avoid such "deadlock situations", it would be advisable to declare in the Will that the building is to be "held in trust for the benefit of all the 5 children". At least two suitable trustees would have to be appointed for this purpose.

- iv. For the more affluent who may have several immoveable and other assets, it may be worthwhile to consider having all of these transferred to a family-owned company. The Will must therefore address the issue of gifting the shares in the company to the chosen beneficiaries.



## Moveable Assets

With regard to the gifting of **moveable assets**, the advice would be much simpler and arrangements more straightforward. Common examples of these are moneys in bank accounts, unit trusts, all types of investments including shares, securities etc., jewelry and valuable items. All that needs to be done is to clearly state the instructions so as effect the transfer to the person who has been chosen to receive the same.

It must be remembered that gifts to minors will always be held in trust for them. Provided that there are no other conditions stated in the trust, upon reaching the age of 18, the intended beneficiary will have the right to demand that his/her share be given to him/her as an outright gift.

## Insurance and EPF

Insurance and EPF death claim proceeds are payable to named nominees. These two assets, if mentioned in the Will should reconfirm that the nominees so named, are to receive the moneys as beneficiaries. Thus, for these two funds, care must be taken to ensure that nominations have been made and where necessary, they must be updated.

If a nomination is not made in such cases, then the intended beneficiaries can be named in the Will. However, it must be remembered that in such a situation, the insurance company will not pay the proceeds directly to the beneficiary. Instead, it will be paid to the Executor who must then transfer the proceeds to the intended beneficiary as set out in the Will.

There may also be some circumstances where the named nominees, upon receiving these moneys have a duty to distribute the proceeds to beneficiaries of the estate. In such situations, it is advisable to obtain the necessary legal advice to ensure that all the necessary formalities are properly complied with.

A common example here is a situation where the nominee of a Muslim receives EPF claim proceeds as a "trustee". As a trustee, he/she is then obliged to distribute the money according to the *faraid* rules.

### The Role of Executors & Trustees

**Executors and trustees** have an important responsibility in the execution of the Will. They are essentially in charge of ensuring that all the intentions of the deceased as set out in the Will are properly carried out.

At all times, it is advisable to appoint at least two (maximum four) individuals to undertake this responsibility. In the event that only one individual is appointed, a provision can be made in the Will for the appointment of an alternate executor and trustee where the original persons are unable or unwilling to carry out their duties.

Similarly, in gifting specific assets to beneficiaries, one must also provide for the possibility that they may predecease the testator. Thus, **alternate beneficiaries** must always be considered and named in a Will.

### Residual Clause

Yet another important component in the Will is the residual clause. This is the statement in the Will that sets out the beneficiaries of the assets which are not specifically gifted in the Will. These would usually be items that were overlooked when preparing the Will, as well as assets that were acquired or inherited by the testator, after writing the Will.

### Assets & Liabilities

It can be said that the most significant stumbling block in the administration of a deceased person's estate is the identification of all the assets and liabilities of the deceased at the time of his death. A well-prepared Will will usually accurately reflect the assets of the deceased. However, it is a requirement of the legal process that all the assets, as well as debts and liabilities of the deceased, must be listed in as much detail as possible and submitted to the courts for the application of a Grant of Probate i.e. the document the empowers the executors and trustees to administer the estate.

More often than not, it may take the family members several months to have a complete list for this purpose. It is therefore strongly advisable for everyone to have such a list. This is purely for the information of the family members to pass on to the executors and trustees at the appropriate time, and need not form part of the Will. It can be seen that there are many issues to take into account when preparing your Will. However, it does not need to be complicated. It is truly just a matter of taking the time and organizing your thoughts. At the end of the day, the more detailed you are now, the easier things will be for your family, at what may already be a difficult time for them.

*This article is intended solely for informative and educational purposes and does not constitute legal advice. A qualified lawyer should always be consulted for the purposes of formal legal advice.*



## TEASER

**For each of the following, find a word ending in 'cate'.**

- |                         |                        |                           |
|-------------------------|------------------------|---------------------------|
| 1. Suspend a student.   | 11. Disentangle.       | 21. Set boundry.          |
| 2. Cut the end of .     | 12. Divide into two.   | 22. Discover position of. |
| 3. Make unclear.        | 13. Tame.              | 23. Leave position.       |
| 4. Very detailed.       | 14. Make involved in.  | 24. Pleader.              |
| 5. Highly sensitive.    | 15. Prove not guilty.  | 25. Impart knowledge.     |
| 6. Make a copy of.      | 16. Devote to.         | 26. Treat with drug.      |
| 7. Renounce throne.     | 17. Convolute.         | 27. Apportion.            |
| 8. Make completely dry. | 18. Pope's tenure      | 28. Concoct               |
| 9. Appease.             | 19. Official document. | 29. Slip out of position. |
| 10. Completely remove.  | 20. Instil.            | 30. Make drunk            |

Answers on page 25



## We turned adversity into advantage

by Anjali Hazarika

(Credit article from The Times of India)



### THE SPEAKING TREE

Throughout last year I have been reminded of Albert Einstein's encouraging words: "In the midst of every crisis, lies great opportunity."

Many lamented the restrictions that social distancing orders had placed on us, but it was under similar conditions that some of the greatest works were first produced. Isolation sparked creativity.

Isaac Newton, Charles Darwin, John Milton and George Byron thrived in isolation, created formidable bodies of work in science and literature, so much so that these times were called, 'the years of wonder'. Perhaps we can also take a leaf out of Shakespeare's experience with the plague. It was the single most defining aspect of his life and work that gifted him the time to muse and write. The plague appears in several of Shakespeare's works, including 'Romeo and Juliet'.

Closer home there can hardly be a finer example of this than the situation in which Pandit Kumar Gandharva, one of the greatest musicians, found himself in. For six years, Kumar Gandharva endured illness and silence. He spent time contemplating different aspects of music. But at the end, he also emerged more creative and accomplished in his craft.

In recent memory, no one has ever lived through a situation like the one pandemic threw us in. There is something awe-inducing in this commonality of experience. Creative responses in the form of art, literature, cinema and music are bound to keep emerging for years to come. To that end, Lenin's words, "There are decades where nothing happens and there are weeks where decades happen," have never been more relevant.

This time is right for great exploration of ideas. It is that combination of expertise, exploration and collaboration that leads to breakthrough ideas. The recent advancement in technology frees up time to allow for more experimentation. If you see creation as a process, then these are the best of times.

Among other things, these times provide an opportunity for cognitive reappraisal: Reinterpreting the situation by considering new perspectives and challenging old assumptions, and learning new behaviours. It has given us more time for direct and unfettered engagement with and exploration of great works and ideas. For instance, see how much and how quickly the discovery to delivery of the vaccine was possible when scientists came together for a shared goal. What normally would have taken years was achieved in months.

Across multiple sectors the adoption and inclusion of digital technologies in industries, healthcare, pharmaceuticals and education has happened at a pace never seen before. As the online education system grows, we can expect an increase in the reach and accessibility of education within every section of society.

One of the impacts of the pandemic has been the flexibility injected into workplace practices, which women had been asking for to balance their responsibilities in a corporate environment. Organisations could turn this into a moment of positive change. But the greatest lesson to humans who come from the humus – the soil – is to remain grounded in humility; that every form of life needs to be respected and has a right to exist in freedom and peace.

# Mahjong from the Emperor's harem to the world.

By Yap Yok Foo

Mahjong (literally chattering sparrows, probably from the similarity of the sound of tiles as they are played or being shuffled) is an ancient tile game which originated from China whose history is shrouded in mystery. The romantic version which I choose to popularise is that it was invented by idle concubines in the harem of the Chinese Emperor to pass time.

The game has followed the Chinese as they travelled the world with identical tiles making up the set. Other than minor differences in counting, a player can sit and play comfortably at any table anywhere in the world.

Within the Royal Lake Club, there had been a mahjong circle some years ago which has since been disbanded due to differences among members. A couple of years ago, Cecilia Yap (no relation to Uncle Yap) re-initiated a weekly mahjong session and invited me to be the trainer and so we used to meet every Wednesday afternoon at the old Card Room, now taken over by the Machine Room.



Mahjong must be a most addictive game. In NSK, the non-halal section has available for sale mahjong sets that can be sent to the next world for the dearly-departed to continue enjoying the game.

We found that most people already had a vague idea about the game except the ability to count. For many months, we taught players to count and to differentiate between fours and doubles by actually playing and interpreting the rules as we went along. Alas, Covid-19 happened and we were forced to suspend activities.

With the advent of the vaccination programme, we hope conditions can return to normal and we can resume classes.

Members who are interested can contact either Cecilia (012-3022053) or Uncle Yap (011-20697732) to be placed in our Whatsapp chat group so that you may be kept informed. Perhaps, with renewed interest, we may be able to form a Mahjong sub-group under Indoor Games.

Want to learn to count in mahjong game go to: [www.mahjongpictureguide.com](http://www.mahjongpictureguide.com).

07  
21



<http://comics.manitowiki.com> | Fan Mail: [HeyDere@manitowiki.com](mailto:HeyDere@manitowiki.com) | She had a few more cross words for him, I figure...

# A call to all to make compassion a way of work

by John D Chacko

Adjunct Professor, UiTM Faculty of Communications and Media Studies

President of International Advertising Association (IAA) Malaysia.

When Jamie Uys wrote, produced and directed 'The Gods Must be Crazy' in 1980, I think he was thinking 40 years into the future, to 2020.

These are crazy times, not from a Coke bottle falling from the sky or Cristiano Ronaldo's crazy stunt of shifting away the Coke bottles at a Euro 2020 press conference (never mind that he was previously rewarded handsomely for endorsement deals with both Coke and Pepsi!), but, an invisible crazy enemy that now lurks in the air we breathe.

The full array of word play and acronyms are in vogue... MCO, EMCO, CMCO, FMCO, NRP, and whatever else that is the flavour of the season. Of course, not to mention a crash course in the Greek alphabet, Alpha, Beta, Delta, Gamma, along with a dash of Spanish Fly, to spice things up..

To say that the Covid-19 pandemic has turned the world on its head, is putting it rather mildly. Businesses struggling to survive, hospitals overwhelmed, livelihood and health both physical and mental tortured and our club on a roller coaster of open, partially open, shut and partially shut. We have moved on or in today's fashionable parlance, pivoted from the WTF to WFH- Work from Home.

The International Advertising Association (IAA) in taking the credo of IAA as the Global Compass for the Marketing and Communications industry, embarked on research on the ills that ail the Work-from-Home population. In many countries, and Malaysia is one, the light at the end of the tunnel seems to get further by the day, causing despair to many and pushing people to wishes and prayers for a turnaround in the landscape.

In the midst of it all, WFH Work-from-Home has become staple, throughout the periods in movement restriction, no matter what the acronym is. There is almost no sector in any industry that remains unscathed from the prescribed Work-from-Home syndrome. During the early stages, people enjoyed it, many even revelled in the experience.

What a blast, this Work-from-Home, waking up just before office commences, dressed in whatever that pleases even in pyjamas, no rush out of the home, no being in a parking lot on the highway, no being in a sardine can on the train, no missing the same at the end of the day.

Most, especially, millennials, loved it...for a while, until the 'what's going on' feeling began to creep in.

As Work-from-Home emerged more of a norm as time went on, people found their work life and lifestyle disrupted in ways, they had never imagined.

In Malaysia and across the world, Work-from-Home took its toll.

Three major pain points were identified, in unintended and prolonged Work-from-Home, that apply to all industries.

One, a trigger on Mental Health, with most having no idea on what constitutes mental health.

**MENTAL HEALTH,  
an invisible  
side effect  
of  
WFH  
BE PERCEPTIVE.**

#IAACares

A call to all to make compassion a way of work

Two, a habit of and an expectation on working beyond the standard 9 to 5 or eight hours.

**9 to 5  
an unspoken  
fallacy  
of  
WFH  
BE EMPATHETIC.**

#IAACares

A call to all to make compassion a way of work



# RELATIONSHIP, an unadmitted casualty of WFH BE SENSITIVE.

#IAACares

A call to all to make compassion a way of work

Three, a dent on Relationship, whether between partners, spouses, siblings, parents and children, even entire families, all from space and time encroachment.

Led by IAA Malaysia's Honorary Secretary, Prabha Nayar, a strategist and creative director, a public service campaign was conceptualised and developed.

With the pandemic playing on people's minds, IAA Malaysia took the thought process deeper, further and focussed on the Work-from-Home syndrome. The end line, 'A call to all to make compassion a way of work' cannot be more apt.

The 'Compassion' message is an unfunded non-commercial public service initiative by IAA. It is a proactive outreach to highlight the human truths behind Work-from-Home. The message not only resonates in every global market, it is easily translated into a local language, while retaining the full concept and message.

Let's keep our chin up, there'll be light at the end of this crazy seemingly endless tunnel of acronym infused wordplay and SOPs, but as to when, that's beyond the ken of mere mortals.

Only God Knows.

07  
21


**Calling All Children!**



## MERDEKA ART & CRAFT CONTEST

**Exciting & Attractive Prizes to be won!!**

• Open to 6-9 years old  
• Theme - My Nation, My Home  
• Art & Craft Work in 3-Dimensional

• Open to 10-13 years old  
• Theme - My Nation, My Family  
• Art & Craft Work in 3-Dimensional

### Terms & Conditions:

- Prizes for 5 top winners of each Age Category and Consolation prize to all participants.
- Winners will be announced through RLC e-mail and will be notified by phone to collect their prizes and take picture for RLC Newsletter.
- The Youth & Arts SC will choose the top 5 winners of each Age Category.
- The winners' and participants' Art & Craft Works will be displayed at the walkway in front of the Children's Playroom for two (2) weeks.
- Deadline for submission 31st August 2021. Parents to submit their children's Art & Craft Work at the Reception Counter before the deadline.

The 3-Dimensional Art & Craft Work to be:

1. Its Base - not more than 'A4 paper' size
2. Height - not more than 6 inches / 15.24 centimetres
3. Materials used - can include paper mache, plasticine, playdough (store-bought or homemade), recyclables (eg. cardboard tubes from paper towels/toilet paper rolls, remnants of cloths, buttons, thread spools, wools, old magazines, dry beans/lentils, etc.)
4. Colouring media - can include water colours, coloured pencils, oil paint, crayon, acrylic paint, graphic markers, etc.
5. Children are encouraged to use their creative juice.

Please pre-register the intention to participate at the Reception Counter, or by calling 03-2698 7878 ext 2110 (Rozita), or email to [Events@royallakeclub.org.my](mailto:Events@royallakeclub.org.my) before **20 Aug 2021**

# Appreciating Orang Asli values on respecting nature

By Lizuryaty Azrina Abdullah

Photo credits: Lizuryaty Azrina, Kamal Solhaimi Fadzil, Or Oi Ching, Tang Fook Leong

Vulnerable people is defined by the United Nations as 'Those who live in poverty without access to safe housing, water, sanitation and nutrition and those who are stigmatized, discriminated against, marginalized by society and even criminalized in law, policy and practice. They also may struggle to fulfil their human rights. They live in environments of inequality where they are unable to thrive, feel safe and actively participate in all aspects of society'. Unfortunately, many indigenous peoples across the globe fall in this category and the Orang Asli community in Peninsular Malaysia are not exempted. Although Malaysia touts itself to be a developed country, how can it declare itself as such when 99.29% of Orang Asli households are living below the poverty level without a guarantee of basic necessities like food, water, access to health and education?



What does the future hold for Orang Asli children?

This article is purposely written to highlight the plight of the Orang Asli, which based on 2019 statistics is 217,000, representing 0.7 per cent of the national population. In Peninsular Malaysia, there are three major groups of indigenous people collectively known as Orang Asli: Negrito, Proto-Malay and Senoi. These groups are further divided into 18 sub-ethnics groups.

A side note, my journey on working on issues related to Orang Asli started in 1995 under my mentor, Professor Dato' Dr. Hood Salleh (the Malaysian Squash champion in 1974), the guru on all Orang Asli matters.

We visited a village called Pos Penderas, located at the periphery of the Pahang entrance to Taman Negara. We stayed with the village head (*Batin*)'s home and I remember although it was the first time I met the communities, there was an instant bond of friendship and mutual respect. Many of the stories shared with me spoke about their respect for the forests, the inhabitants (both flora and fauna) and how the mutual respect is important in keeping the balance in the circle of life.

Throughout the years, I was involved in a number of projects involving Orang Asli across Peninsular Malaysia but one which stood out was my work with the Jahai community from the Negrito sub-group, between 2009 to 2010 in the Belum Temengor Forest Complex, Perak.



Jahai women weaving



Logging has destroyed the community's water sources



Traditional dress and headgear of the Mah Meri Community in Pulau Carey, Selangor



At the time, many, including environmental non-government organisations (NGOs), accused the Orang Asli communities of being the key culprits in the illegal hunting of the forest wildlife such as monkeys, pangolins, and deer.

Knowing what I knew of the communities, I felt I needed to counter the accusations. Off I went with the grant money I received as a Research Fellow with the Centre for Malaysian Indigenous Studies (CMIS), Universiti Malaya to Belum Temengor to gather facts and understand on the real situation at hand. You will be happy to note that the research results succeeded in proving the accusers wrong.



Indiscriminate clearing of forests is threatening the survival of the Orang Asli communities

Many of the illegal trade were led by foreign poachers and professional hunters (but that's a story for another day). More than ten years on, many of the community members are still living under the poverty line, living hand to mouth, dependent on handouts, donations and government assistance. Their forest, which is their 'supermarket' where they obtain their daily subsistence, harvest raw materials to build their homes, use plants for their medicine, etc. are being destroyed by indiscriminate clearing. The communities have always been practitioners of sustainable development since time immemorial, and view the environment not just a place to live and where they get their food, but that it is spiritual – this means that every living thing in the forest have a spirit and must be treated with the utmost respect.

I still get irritated with NGOs and other organisations who say they need to 'educate the Orang Asli on the importance of conserving the environment' and the ever-favourite tagline – 'raise awareness among the Orang Asli communities'. The irony of it! We need to be sensitized that our fellow Malaysians, the Orang Asli whose lives are so dependent on the forests they live in, have so much to teach us – about respecting nature, respecting others, and not to take things for granted. They may not have much in terms of material items, but their welcoming nature, generosity, cultural richness and knowledge of the forests are in abundance.



An Orang Asli village with Belum Temengor Forest Complex in the background

I hope that the pictures say more than what I can write to demonstrate this. At the time when our environment is deteriorating at such a rapid rate and climate change is the biggest challenge to our survival, there is a lot to learn from the Orang Asli.



Tasik Bera, where the Semelai community live, located in southwest of Pahang

My only wish is that in time to come, hopefully soon, they are no more considered as 'vulnerable people'. They have more to lose as when the forests are gone, so will their culture, source of livelihood, health - the list goes on - basically, the things we take for granted because either we have jobs, we have access to basic health services 24/7 or do not rely on the natural surroundings to practice our beliefs or maintain our respective cultures.

Another mentor of mine, the late Dr. Lim Boo Liat, a prominent international zoologist and 80 years old when he summed up on why the Orang Asli are left behind in our development journey. *"The Orang Asli were my mentors. Their contribution to natural knowledge have hardly been acknowledged. Now, the forests are all but gone. They are now left to face a future, bereft of their ancient forest domains. I am old and my reminiscence may appear romantic and unrealistic. Please forgive me if I make a plea, all too futile, for those who have few to speak for them, and who command little influence against that terrible driving force of change - the greed of man"*.

\*For RLC members who are interested in understanding the Orang Asli connection with natural history, I highly recommend 'Orang Asli Animal Tales' by Dr. Lim Boo Liat.



# Remembering Encik Kamil Datuk Abdul Rahman

by Ir KC Yong



Standing left to right: Diana, Nabil and Kamila  
Sitting left to right: Kamil, Marsita and Nadia.



Our condolences to the family of the Late Encik Kamil Datuk Abdul Rahman sadly departed last month after a short illness. He left behind his loving wife Puan Marsita Adlina Abdul Rahman, three daughters and a son.

Encik Kamil was born on 17/2/1949 in Jitra, Kedah. From 1964 – 1968 he attended Maktab Sultan Abdul Hamid, Alor Star Kedah. Subsequently, Kamil received a MARA Scholarship to study Accounting (Bachelor of Commerce) at the University of Otago in Dunedin, New Zealand. He graduated in 1974.

Upon graduation, Encik Kamil started his working life in 1975 at the accounting firm Coopers and Lybrand in Dunedin, New Zealand. In 1976, Kamil was recruited into PBSM (Pertanian Baring Sanwa Multinational) later changed name to CIMB (Commerce International Merchant Bankers). From 1989 to 1995 Kamil worked with BOC (Bank of Commerce). From 1995 to 2021 Kamil worked independently as Non-Executive Director/ Finance Consultant at various corporate companies.

Encik Kamil's professional qualification and affiliation included:

- 5/3/1976 Chartered Secretary of ICSA (Institute of Chartered Secretary and Administrators) London
- 23/3/1976 Conferred as ACA (Associate Chartered Accountant) by the New Zealand Society of Accountants
- 1/7/1976 Chartered Accountant by MIA (Malaysian Institute of Accountant)
- Since 1996 Fellow member of MAICSA (Malaysian Institute of Chartered Secretaries and Administrators)

The late Kamil Datuk Abdul Rahman was a member of the Royal Lake Club and he has rendered his services in the following subcommittees:

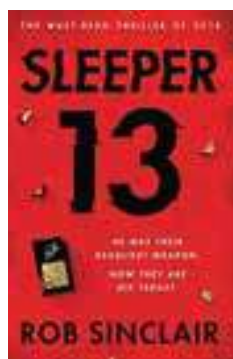
- 2019/2020 Human Resources
- 2018/2019 & 2016/2017 F&B
- 2015 Events & Entertainment
- 2008/2009 & 2006/2007 F&B
- 2006/2007 Events & Entertainment
- 2001 & 2000 Dart Section member
- 1998 & 1997 F&B (The Orchid)
- 1988/1987 Golf

The Late Encik Kamil joined Australian New Zealand Graduate Association Malaysia (ANZGAM) Selangor Branch in 2014 as ordinary member and became life member in 2018. He was actively involved in ANZGAM Committees as Social Secretary for Selangor Branch. Had organised Social Dancing Class at ANZGAM Club House. He was also Committee Member for NEC an active participant for GCM/AGM and NEC meeting/ ANC.

He was a member of NZ Otago Alumni Association.

The Late Encik Kamil was an active member of Malaysia New Zealand Chamber of Business MNZCC and Malaysia Australia Business Council MABC. Encik Kamil was actively serving in KGNS Golf Club – F&B subcommittee 2020.

Encik Kamil, with a very friendly, helpful and open minded personality will be sadly missed by all those who knew him. He was a True Malaysian!!



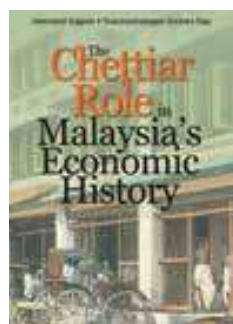
### SLEEPER 13 BY ROB SINCLAIR

Sleeper 13 presents a thrill-ride of a story where one member of a 13-strong terrorist cell is turned against his comrades. Aydin is living as Talatashar (the arabic word for 13), a name forced on him when, aged nine, his father abducted him from his London home and surrendered him into the clutches of the Teacher. Smuggled to the Middle East as a child. Trained as one of the most elite insurgents of his generation. Forced to do things no one should, for a cause he couldn't believe in. But as his brothers were preparing to kill, he was looking for a way out. Now, on the eve of the deadliest coordinated attacks the world has ever seen, he finally has his chance. He will break free and hunt down those who made him a monster. He must draw on all his training to survive. He is Sleeper 13.



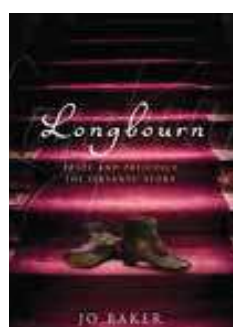
### 21 LESSONS FOR THE 21st CENTURY

Lessons for the 21st Century is a book written by bestseller Israeli author Yuval Noah Harari and published in August 2018 by Spiegel Grau in the US and by Jonathan Cape in the UK and dedicated to his husband, Itzik. Having dealt with the distant past in sapiens : A Brief History of Humankind (2011) and with the distant future in Homo Deus A Brief History of Tomorrow (2016), Harari turns in 21 Lessons his attention to the present. In a loose collection of essays, many based on articles previously published,(3) he attempts to untangle the technological, political, social, and existential quandaries that humankind faces in the present century.



### THE CHETTIAR ROLE IN MALAYSIA'S ECONOMIC BY UMMA & SIVA

Since the formation of the Federated Malay States in 1896 until Malaya gained its independence, the Chettiar's emerged as one of the major financiers in the economic development of Malaya through their role in helping the Malays, Chinese and Indians to progress in the economic sector. This meticulously researched book represents a noteworthy contribution to our understanding of the "subaltern" economy of Malaysia during the colonial period and to our appreciations of changing role of Chettiar in the modern times.



### Longbourn BY JO BAKER

Longbourn is a story about the servants who live in the Bennet family home. In Pride and Prejudice, the servants are a ghostly presence – sometimes spoken of (Mrs. Bennet assures Mr. Collins that they are able to keep a cook) but rarely seen and never heard. It is wash-day for the housemaids at Longbourn House, and Sarah's hands are chapped and raw. Domestic life below stairs, ruled with a tender heart and an iron will by Mrs Hill the housekeeper – maid rarely seen !, is about to be disturbed by the arrival of a new footman, bearing secrets and the scent of the sea.

21. Set boundary. - demarcate  
22. Discover position of. - locate  
23. Leave position. - vacate  
24. Plead. - advocate  
25. Impart knowledge. - educate  
26. Treat with drug. - medicate  
27. Apportion. - allocate  
28. Concoct. - fabricate  
29. Slip out of position. - dislocate  
30. Make drunk. - intoxicate

11. Disentangle. - extricate  
12. Divide into two. - bifurcate  
13. Tame. - domesticate  
14. Make involved in. - implicate  
15. Prove not guilty. - vindicate  
16. Devote to. - dedicate  
17. Convolute. - complicate  
18. Pope's tenure - pontificate  
19. Official document. - incultate  
20. Instill.

1. Suspend a student. - rusticate  
2. Cut the end of. - truncate  
3. Make unclear. - obfuscate  
4. Very detailed. - intricate  
5. Highly sensitive. - delicate  
6. Make a copy of. - duplicate/replicate  
7. Renounce throne. - abdicate  
8. Make completely dry. - desiccate  
9. Appease. - placate  
10. Completely remove. - eradicate



## Answer Grid for RLC 244

Nine entries were received for RLC 244, which were all-correct.

Congratulations to Maureen Mokhlis (10262), Wong Kok Heng (12035), Heah Kok Soon (6480), Teh Bee Kee (5634), Tunku Yahya Abdullah (14189), Chew Yoke Lim (7906), Ratha Krishnan (11901), Lim Lang Koon (11186) and Datuk Tan Seng Chee (8961).

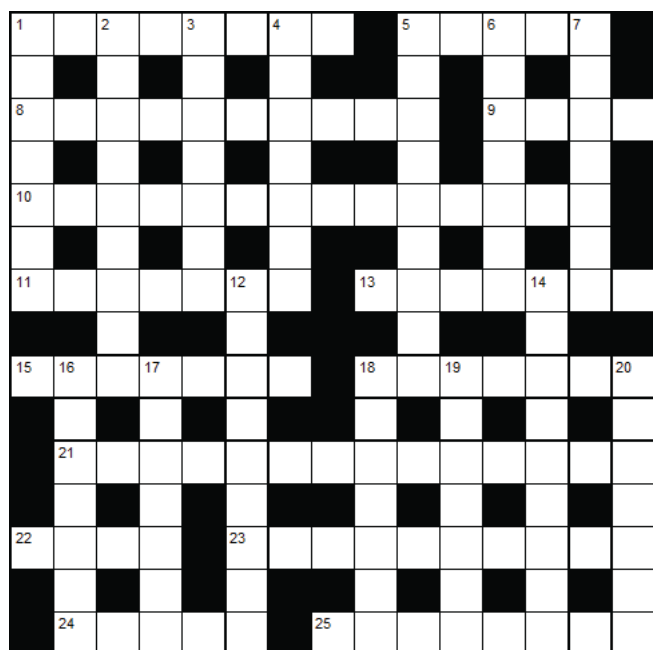
You will each receive an F&B voucher worth RM25.

For RLC 245, complete the puzzle and email your entries to me at [tvs13tgv@gmail.com](mailto:tvs13tgv@gmail.com), by noon, 31 August 2021.

Happy solving!

A	P	P	E	A	L		V	E	S	A	K	D	A	Y
B		A		I		R		X		L		E		O
I	N	N	E	R	T	E	M	P	L	E		C	A	R
T				B		V		A		W		K		K
M	A	C	R	A	M	E		R	H	I	Z	O	M	E
U		R		G		R		T		F		F		R
C	R	O	S	S	R	E	F	E	R	E	N	C	E	
H		W										A		M
	I	N	S	P	E	C	T	O	R	M	O	R	S	E
V		L		A		H		C		A		D		G
A	R	A	B	I	C	A		T	U	N	I	S	I	A
N		W		R		R		A		H				B
I	C	Y		O	B	L	I	V	I	O	U	S	L	Y
S		E		A		E		E		L		I		T
H	A	R	I	R	A	Y	A			G	E	O	R	G

## RLC Crossword No 245 set by T V Sekhar



### Across

- 1 Strictly restrict movement of hair and feathers (8)
- 5 Disease starts to create one very international disaster (5)
- 8 Sign of maturity? Comparatively dull intellect (4,6)
- 9 Shed for players (4)
- 10 Beijing? Renminbi? (7,2,5)
- 11 Malaysian racers with many applications (7)
- 13 Recreation without procreation (4,3)
- 15 Language of crazy Maria in empty attic (7)
- 18 Cancel order for cinders (7)
- 21 Sleepy asses seen at crude mines (7,7)
- 22 One between birthdays (4)
- 23 Not as excited versus poor A Team (5,5)
- 24 Declare a condition (5)
- 25 Trotsky cared about a tree (3,5)

### Down

- 1 Sensible soldier enters pub (7)
- 2 Placate or provoke queen (9)
- 3 Kicks downstairs (7)
- 4 They hang by the neck (7)
- 5 Sadly, no cracker for bird (9)
- 6 A small volume in creeper may provide immunity (7)
- 7 Complaint from seaside resort (7)
- 12 Get rid of a timeline for amendment (9)
- 14 Turned to get different views of valley to the north (9)
- 16 Beans for sprinters (7)
- 17 Up-to-date article for vaccine manufacturer (7)
- 18 One may be presented on Valentine's Day (3,4)
- 19 Casino very upbeat about immunity provider (7)
- 20 Lose heart when praised falsely (7)

### Entry Form for RLC 245

Name: \_\_\_\_\_

Membership No. : \_\_\_\_\_

Members who want an explanation for all the clues in last issue's puzzle are invited to e-mail [tvs13tgv@gmail.com](mailto:tvs13tgv@gmail.com) with the subject "Crossword answers please" and you will be placed on the mail-list to receive by e-mail, explanations for all the clues.





Edited by Jeff H. S. Keow

## Worked Example of Sudoku Challenge: May/June 2021 Issue:

Adapted from Star 2; 24 May 2020 © Nikoli Co. Ltd., Japan. **Solving Notes:** A Sudoku is properly solved by 1 or more cycles of source analysis and follow-up analysis using the 2 techniques using OC/OD logic and the 3<sup>rd</sup> locked set technique using locked set logic involving deducing strategic 1-4 locked candidates in 2-4 blank cells in R/C/B and then following up the locked set of candidate(s) to deduce a follow-up solution by OC/OD logic.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	7	259	8		5				
R2	6		4 <sub>2</sub>	1	7				
R3	1 <sub>1</sub>		3	9	7	6			
R4		4	9	7 <sub>5</sub>					8
R5		1						7	
R6	8						9	3	
R7				2		7	4	569	3 <sub>4</sub>
R8					5	7 <sub>3</sub>			2
R9					6		8		1

Fig. 1: B1: 1<sub>1</sub>; B1: 4<sub>2</sub>; LS(259) in B1/C2. No f. up. B9: 7<sub>3</sub>; B9: 3<sub>4</sub>; LS(569) in B9/C8. No f. up. B2: [7] in R1, C6: LS(7), C5. R4: [7] in C1, C5, C6, B6: 7<sub>5</sub>, OC.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	7	259	8		5				
R2	6		4 <sub>2</sub>	1	7				
R3	1 <sub>1</sub>		3	9	7	6			7 <sub>9</sub>
R4		4	9	7 <sub>5</sub>			6 <sub>6</sub>	1 <sub>7</sub>	8
R5		1					2 <sub>8</sub>	7	4 <sub>5</sub>
R6	8						9	3	4 <sub>5</sub>
R7				2		7	4	569	3 <sub>4</sub>
R8					5	7 <sub>3</sub>			2
R9					6		8		1

Fig. 2: F. up 7<sub>5</sub>, R4: [6] in C1, C5, C6, C8: 6<sub>6</sub>. F. up, 6<sub>6</sub>, B6: [1] in R5, C9: 1<sub>7</sub>. F. up, B6: [2] in C9: 2<sub>8</sub>. F. up, B6: LS((45), C9. F. up, C9: [679]; [69] in R3: 7<sub>9</sub>, OD.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	7	9 <sub>12</sub>	8		5		1 <sub>13</sub>		6 <sub>10</sub>
R2	6	2 <sub>5</sub>	4 <sub>2</sub>	1	7		3 <sub>14</sub>		9 <sub>11</sub>
R3	1 <sub>1</sub>	2 <sub>5</sub>	3	9	7	6	5 <sub>15</sub>		7 <sub>9</sub>
R4		4	9	7 <sub>5</sub>			6 <sub>6</sub>	1 <sub>7</sub>	8
R5		1					2 <sub>8</sub>	7	4 <sub>5</sub>
R6	8						9	3	4 <sub>5</sub>
R7				2		7	4	569	3 <sub>4</sub>
R8					5	7 <sub>3</sub>			2
R9					6		8		1

Fig. 3: F. up 7<sub>9</sub>, C9: [6] in R2: 6<sub>10</sub>. F. up, C6: 9<sub>11</sub>. F. up, B1: [9] in R2, R3: 9<sub>12</sub>. and LS((25), C2. F. up 9<sub>12</sub>, R1: [1] in B1, C8: 1<sub>13</sub>; F. up, C7: [3] in R3: 3<sub>14</sub> and 5<sub>15</sub>.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	7	9 <sub>12</sub>	8		5		1 <sub>13</sub>		6 <sub>10</sub>
R2	6	5 <sub>16</sub>	4 <sub>2</sub>	1	7 <sub>18</sub>		3 <sub>14</sub>		9 <sub>11</sub>
R3	1 <sub>1</sub>	2 <sub>17</sub>	3	9	7	6	5 <sub>15</sub>		7 <sub>9</sub>
R4	5 <sub>19</sub>	4	9	7 <sub>5</sub>			6 <sub>6</sub>	1 <sub>7</sub>	8
R5	3 <sub>20</sub>	1					2 <sub>8</sub>	7	4 <sub>5</sub>
R6	8		2 <sub>21</sub>				9	3	4 <sub>5</sub>
R7				2		7	4	569	3 <sub>4</sub>
R8					5	7 <sub>3</sub>			2
R9					6		8		1

Fig. 4: 2<sup>nd</sup> F. up 7<sub>9</sub> as [7] in R3, B2: [7] in R3, R1, C6: 7<sub>18</sub>. No f. up. 2<sup>nd</sup> f. up 1<sub>7</sub>, R4: [5] in C5, C6: 5<sub>19</sub>; f. up, B4: [3] in C3, R6: 3<sub>20</sub>; B4: [2] in C2, R5: 2<sub>21</sub>.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	7	9 <sub>12</sub>	8		5		1 <sub>13</sub>		6 <sub>10</sub>
R2	6	5 <sub>16</sub>	4 <sub>2</sub>	1	7 <sub>18</sub>		3 <sub>14</sub>		9 <sub>11</sub>
R3	1 <sub>1</sub>	2 <sub>17</sub>	3	9		6	5 <sub>15</sub>		7 <sub>9</sub>
R4	5 <sub>19</sub>	4	9	7 <sub>5</sub>			6 <sub>6</sub>	1 <sub>7</sub>	8
R5	3 <sub>20</sub>	1					2 <sub>8</sub>	7	4 <sub>5</sub>
R6	8	7 <sub>25</sub>	2 <sub>21</sub>				9	3	4 <sub>5</sub>
R7	9 <sub>24</sub>			2		7	4	569	3 <sub>4</sub>
R8	4 <sub>23</sub>					5	7 <sub>3</sub>		2
R9	2 <sub>22</sub>				6		8		1

Fig. 5: F. up 2<sub>21</sub>, B7: [2] in C3, C2, R7, R8: 2<sub>22</sub>; f. up, C1: [4] in R7: 4<sub>23</sub>; C1: 9<sub>24</sub>. 2<sup>nd</sup> f. up 2<sub>21</sub>, B4: [7] in R5: 7<sub>25</sub>. From 25<sup>th</sup> to 57<sup>th</sup> soln. the Sudoku is solved easily.

### Key points in Sudoku solving:

- In R/C/B analysis, for a solution in a blank cell to be in line with R/C/B rules, it must be the only missing digit that an only blank cell can contain. There are 2 ways or "techniques" of getting such a solution in R/C/B analysis:
  - 1<sup>st</sup> technique: get the only blank cell that a R/C/B must contain as solution when all other blank cells cannot contain an only missing digit due to R/C/B rules (called the "only-cell" (OC) technique;
  - 2<sup>nd</sup> technique: get the only blank cell that a R/C/B must contain as solution when all other missing digits cannot be contained by the said blank cell due to R/C/B rules (the "only digit" (OD) technique.
- A 3<sup>rd</sup> locked set technique in R/C/B analysis is also used to deduce a locked set of 2-4 candidates in R/C/B to enable a solution to be deduced in a blank cell by OC/OD logic

**WINNERS:** RM75/- voucher: Cik Maslina Abdullah Sani (16170); Mr Tan Kean Hin ((13659) (A very high-quality solution!)

RM20/- voucher: Mr Soh Chee Gee (15274); Ms Ng Yi Rhu (T8504); Goh Ching Chee (12414)

**Comments:** 1<sup>st</sup> cycle: B1: 1<sub>1</sub>, 4<sub>2</sub> and 1<sup>st</sup> LS(259) in C2; no f. up; 2<sup>nd</sup> cycle: B9: 3<sub>4</sub>, 3<sub>4</sub> and 2<sup>nd</sup> LS(569) in C8; no f. up. 3<sup>rd</sup> cycle: No direct 3<sup>rd</sup> source soln. by OC/OD logic. Analyse B2 to get 3<sup>rd</sup> LS(7) in C5. Follow up LS(7) as [7] to face blank cell in R4. Analyse R4 to deduce 7<sub>5</sub> as 3<sup>rd</sup> source soln. F. up 7<sub>5</sub> in R4 to deduce 6<sub>6</sub> (using LS(6) in C8/B9. It is followed up continuously using 1<sup>st</sup> and 2<sup>nd</sup> follow-ups to deduce the final 57<sup>th</sup> solution.

SOLUTION		
798	354	126
654	172	389
123	986	547
549	723	618
316	598	274
872	641	935
985	217	463
461	835	792
237	469	851

### Prize and Recognition:

Only fully solved entries with quality logical reasoning will receive a food voucher worth RM75/- each, valid for a period of 3 months. Lower quality winning entries will, however, receive a RM50/- voucher. In addition, consolation winners will receive a food voucher of RM20/- each.

### Submission of Entries:

Submit your entry by hand/by email ([newsletter@royallakeclub.org.my](mailto:newsletter@royallakeclub.org.my)) (cc to [jeffkeow@gmail.com](mailto:jeffkeow@gmail.com)) to reach the Library by **31<sup>st</sup> August, 2021**

Name of Member: (Mr/Ms/En/Cik/Puan/Dr/Dato,etc) \_\_\_\_\_

Membership No: \_\_\_\_\_ Tel/HP/Email: \_\_\_\_\_ (Please state "spouse", if app.)  
(wef March/April 2018, only 1 membership no. is eligible for a prize.)

### Instructions:

- Fill in **ALL** the blank cells in the Sudoku with digits from 1 to 9 so that each row, column and block contains the digits from 1 to 9 without repeating any, i.e. provide a **FULL** solution.
- Also, mark-in the "locked set (LS) of candidates" (in small digits in the grid) that enable a soln.
- Record and submit your results showing the R/C/B analysed, sequenced soln. and OD logic used up to the final solution. Do show the locked sets in your grid. d) The decision of the judges is final.

**Criteria for Winning Entries:** Quality of approach and methods: simplest solutions used; evidence of systematic R/C/B analysis; mark in the grid the deduced locked sets in R/C/B that enable follow-up solutions to be deduced and show them in your working; identify R/C/B analysed in your report.

	C1	C2	C3	C4	C5	C6	C7	C8	C9
R1	2						5		
R2		3				6			
R3			4			9			8
R4				5					2
R5		7			6			5	
R6	8					7			
R7	4			7			8		
R8				2				9	
R9			9						1

Adapted from Star 2, 9 May 2021 © Nikoli Co. Ltd., Japan).

## TRIBUTES

The club extends its condolences to the family and friends of the following members who are no longer with us.



Haji Ir Abdul Razak Bahaman Alhaj, member since 14 November 1978, passed away on 15 August 2019 at the age of 83.  
Al-Fatihah.



Ong Soo Keok, member since 7 August 1968, passed away on 16 May 2021 at the age of 91.  
RIP.



YBhg Dato' Zulkepli Haji Ahmad member since 3 May 1995, passed away on 31 August 2020 at the age of 71.  
Al-Fatihah.



Kamil Datuk Abd Rahman, member since 26 May 1977, passed away on 2 June 2021 at the age of 72.  
Al-Fatihah.



Ng Kok Wah, member since 9 April 1984, passed away on 26 December 2020 at the age of 80.  
RIP.



YBhg Tan Sri Dato' Sri Dr Lim Kok Wing, member since 23 August 1977, passed away on 1 June 2021 at the age of 75.  
RIP.



S Ampalavanar, member since 12 August 1985, passed away on 19 February 2021 at the age of 70.  
RIP.



YBhg Datuk Wira Sivajothi Muthiah Rajendram, member since 6 December 1993, passed away on 15 May 2021 at the age of 71.  
RIP.



John Storey, member since 13 April 1983, passed away on 19 February 2021 at the age of 85.  
RIP.



First Admiral (RTD) Malcolm W. Alvisse, member since 17 May 1984, passed away on 6 June 2021 at the age of 85.  
RIP.



YM Ungku Suleiman Ungku Abdul Aziz, member since 27 November 2013, passed away on 24 February 2021 at the age of 75.  
Al-Fatihah.



Maria Stanislaus S Vethanayagam, member since 26 March 2014, passed away on 15 June 2021 at the age of 65.  
RIP.



YBhg Dato' Dr Charles Vijayan David, member since 11 July 1988, passed away on 28 March 2021 at the age of 75.  
RIP.



Peter Lim Teik Oon member since 10 June 1968, passed away on 15 June 2021 at the age of 83.  
RIP.

\* The publication of these announcements are based on notifications within the last two months.

## Selamat tinggal, Azlan Mat Sut.....

by Jalil Darus



22 July 2021, saw one of our staff, Azlan Mat Sut, fondly called 'Lan' by some, succumb to the dreaded Covid 19 disease. He was 54 and left behind a lone widow. A sad day indeed, not just for the family members, but for the many friends, colleagues and Club Members who had come to like his good natured personality.

Azlan was a gem of a guy. Friendly, jovial, and always there for you when help was needed. Our Senior Sports Recreation Executive, Mr. Maniam will feel the vacuum left behind by Azlan, the most.

Azlan was a familiar figure during the numerous trips planned by the Golf Section. He was such a help, transferring our bags from the respective cars and into the baggage compartment of the bus, and assisting Mr. Maniam every step of the way.

Azlan started off as a waiter in the RLC on 1st April 2000 at a few of the F & B outlets and worked his way to being Sports Clerk at the Sports & Recreation Dept. He was a fine example of 'service with a smile', throughout the 21 years that he was with us.

He will be dearly missed not just by us in the Golf Section but by all the members who knew him as a friend. Al-Fatihah.

Members, many groups in the Club collected donations to pass to the family. If you feel you would like to contribute too, you may do so yourself. His widow Rohani binti Mantan's bank account: **Maybank - 1622 4562 5847. Phone: 016-374 7425**



## WINE OF THE MONTH

\* by the bottle....RM 79 nett

SOMERSET ESTATE  
MARLBOROUGH  
Sauvignon Blanc -

D'ALAMEL RESERVA  
Cabernet Sauvignon



## JULY/AUG PROMOTION

House Pouring  
Wine

\* by the bottle....RM 57 nett

\* by the glass.....RM 10 nett



RM 259  
nett  
per bottle

## DARNLEY'S Original Gin Promotions

Botanicals of the Darnley's Original Gin

Juniper, Lemon Peel, Coriander Seed  
Elderflower, Angelica Root, Orris Root

### Notes:

A surprisingly mild but pleasant juniper smell  
The nose is not  
very strong  
but it is very nice

The aftertaste and finish are dry and with a medium long  
presence

DARNLEY'S  
LONDON DRY  
GIN

Available at  
Batek Bar



## ROKU GIN PROMOTION

Roku Gin Bottling Note.

The first gin from Japan's legendary  
Suntory - Roku Gin.

RM210+  
Per Bottle



ROKU GIN

THE JAPANESE CRAFT GIN

Available at  
Batek Bar &  
Pavilion  
Sports Bar

Traditional gin botanicals featured include juniper, orange peel, lemon peel, coriander and cinnamon, among others. The delicate aroma quickly passes and dissipates. Smooth and oily, the spirit has a rich character as it coats the tongue.





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